

## EH&S SAFETY ALERT HIGH HEAT ADVISORY

August 30, 2022

## **BACKGROUND**

The Office of Environmental Health and Safety is reminding all of Cal Poly Pomona's users to protect themselves while outdoors from heat illness as <u>excessive heat watches</u> have been issued in the Pomona area. The temperature is forecast to reach or exceed 110° this week through September 5<sup>th</sup>.

## **ACTIONS REQUIRED**

Management & Employees: When the temperature at outdoor worksites reaches or exceeds 95°, Cal/OSHA's standard requires additional protections. High-heat procedures include ensuring employees are observed regularly for signs of heat illness and establishing effective communication methods so workers can contact a supervisor when needed.

- 30 = 120 30 = 100 80 = 60 100 = 60
- Plan Implement written heat illness prevention and ensure the <u>supervisors</u>' daily checklist is completed when required.
- Training Train all employees and supervisors on heat illness prevention.
- Water Provide drinking water that is fresh, pure, suitably cool, and free of charge so that each worker can drink at least 1 quart per hour and *encourage workers to do so*.
- Rest Encourage workers to take a cool-down rest in the shade for at least five minutes when they feel the need to do so to protect themselves from overheating. Workers should not wait until they feel sick to cool down.
- Shade Provide proper shade when temperatures exceed 80°. Workers have the right to request and be provided shade to cool off at any time.

**Students:** Students are to complete <u>student Heat Illnesses Prevention training</u> and adhere to the guidance provided in the training. Drink adequate amounts of hydrating fluids when the environmental risk factors for heat illness are present. Inform faculty/coach/coordinator/supervisor if shade and/or water is inadequate. Access shade to recover from heat related symptoms. Report symptoms of heat related illness promptly to faculty/coach/coordinator/supervisor. Call 911 or the dedicated campus emergency number 909-869-3070 for emergency medical services when necessary.

**Academic Leadership:** Campus academic leadership is to assist in identifying courses/activities where students may engage in outdoor activities with environmental risk factors for heat illness. Upon identification, faculty and leadership of said programs need to attend student Heat Illnesses Prevention training and are to evaluate and address risk factors regarding possible heat exposure. Ensure the supervisors' daily checklist is completed when required.

**Student Club Leadership:** Student club leadership is to assist in identifying courses/activities where students may engage in outdoor activities with environmental risk factors for heat illness. Upon identification, these leaders and students shall attend student Heat Illnesses Prevention training and are to evaluate and address risk factors regarding possible heat exposure. Ensure the supervisors' daily checklist is completed when required.

Special Events Coordinators: Special Event Coordinators should assist in identifying events where students may engage in outdoor activities with environmental risk factors for heat illness. Upon identification, these Coordinators and students shall attend the appropriate <a href="Heat Illnesses Prevention training">Heat Illnesses Prevention training</a> for their position and are to evaluate and address risk factors regarding possible heat exposure. Ensure the <a href="https://example.com/super/supe

**Faculty, Instructors, Sports Club Coaches, and Supervisors:** All those who are responsible for supervising students with possible heat exposure are responsible for the following:

- Identify and maintain records of students who will engage in outdoor activities where potential heat illness could occur.
- Provide identified students training on heat illness prevention and comply with all appropriate procedures.
- Evaluate weather conditions as to environmental risk factors for heat illness when activity is to take place.
- Complete any applicable supervisor heat illness prevention training.
- Ensure the supervisors' daily checklist is completed when required and maintain all associated records as required.
- Call 911 or the dedicated campus emergency number 909-869-3070 for emergency medical services when necessary.

## **MORE INFORMATION**

Contact the Cal Poly Pomona Office of Environmental Health and Safety

