

**Major Required 39 units**

BIO1150 - Basic Biology (3) (B2)  
 BIO1150L - Basic Biology Laboratory (1) (B3)  
 BIO2340 - Human Anatomy (2)  
 BIO2340L - Human Anatomy Laboratory (2)  
 BIO2350 - Human Physiology (3)  
 BIO2350L - Human Physiology Laboratory (1)  
 KIN2020 - Introduction to Kinesiology and Health Promotion (3)  
 KIN2050 - Applied Health & Well-Being (3)  
 KIN2200 - Pedagogical Principles of Kinesiology and Health Promotion (3)  
 KIN2290 - Contemporary Issues in Kinesiology and Health Promotion (3)  
 KIN3030 - Physiology of Exercise (3)  
 KIN3030L - Physiology of Exercise Laboratory (1)  
 KIN3040 - Introduction to Biomechanics (3)  
 KIN3040L - Introduction to Biomechanics Laboratory (1)  
 KIN3620 - Motor Behavior (3)  
 KIN3620A - Motor Behavior Activity (1)  
 STA1200 - Statistics with Applications (3) (B4)

**Subplan/Option Required 42 units**

KIN2220 - Pedagogy Theory and Fieldwork (1)  
 KIN2220A - Pedagogy Theory and Fieldwork Activity (2)  
 KIN2460AS - Introduction to Students with a Disability Service Learning Activity (1)  
 KIN2460S - Introduction to Students with a Disability Service Learning (3)  
 KIN3210 - Teaching Outdoor and Adventure Education (1)  
 KIN3210A - Teaching Outdoor and Adventure Education Activity (2)  
 KIN3220 - Teaching Individual, Dual and Team Sports (1)  
 KIN3220A - Teaching Individual, Dual and Team Sports Activity (2)  
 KIN3230 - Teaching Rhythms and Dance (1)  
 KIN3230A - Teaching Rhythms and Dance Activity (1)  
 KIN3240 - Teaching Gymnastics, Self-Defense and Secondary PE and Fitness (1)  
 KIN3240A - Teaching Gymnastics, Self-Defense and Secondary PE and Fitness Activity (1)  
 KIN3250 - Teaching Aquatics (1)  
 KIN3250A - Teaching Aquatics Activity (1)  
 KIN3260 - Teaching Elementary Physical Education and Fitness (2)  
 KIN3260A - Teaching Elementary Physical Education and Fitness Activity (1)  
 KIN3500 - Philosophical and Ethical Issues in Physical Education (3)  
 KIN3550 - Physical Education Curriculum and Assessment (2)  
 KIN3550A - Physical Education Curriculum and Assessment Activity (1)  
 KIN4050AS - Adapted Physical Education Fieldwork Service Learning Activity (1)  
 KIN4050S - Adapted Physical Education Fieldwork Service Learning (1)  
 KIN4450 - Social and Historical Perspectives in Kinesiology (3)  
 KIN4620 - Senior Seminar for Pedagogical Kinesiology (3)  
 NTR3050 - Nutrition, Science and Health (3) (B5)  
 PHY1020 - Fundamentals of Physics (3) (B1)

**Subplan/Option Electives 0-13 units**

Option Electives are for students who want the additional focus on Adapted PE. These courses are above the 120 units required for the degree and are not required for the degree.  
 KIN4050AS - Adapted Physical Education Fieldwork Service Learning Activity (1)  
 KIN4050S - Adapted Physical Education Fieldwork Service Learning (1)  
 KIN4310AS - Students with Disabilities Field Experiences Service Learning Activity (1) (2 units required)  
 KIN4320S - Behavior Intervention and Support Plans in Adapted Physical Education Service Learning (3)  
 KIN4330S - Motor Assessment Policies and Procedures in Adapted Physical Education Service Learning (3)  
 KIN4340 - Adapted Physical Education Program Development and Implementation (3)

**Unrestricted Electives 0-3 units**

Select a sufficient number of courses so that the total from "Major Required", "Subplan/Option Required", "Subplan/Option Electives", "GE", and "Unrestricted Electives" is at least 120 units.

**General Education Requirements 48 Units**

Students should consult the Academic Programs website

<https://www.cpp.edu/~academic-programs/general-education-course-listings.shtml>

for current information regarding this requirement. Unless specific courses are required, please refer to the list of approved courses under General Education Requirements, Areas A through E.

**Area A. English Language Communication and Critical Thinking (9 units)**

At least 3 units from each sub-area

1. Oral Communication
2. Written Communication
3. Critical Thinking

**Area B. Scientific Inquiry and Quantitative Reasoning (12 units)**

At least 3 units from B1, B2, B4, and B5 including 1 unit of lab from B1 or B2 to fulfill B3

1. Physical Sciences
2. Life Sciences
3. Laboratory Activity
4. Mathematics/Quantitative Reasoning
5. Science and Technology Synthesis

**Area C. Arts and Humanities (12 units)**

At least 3 units from each sub-area and 3 additional units from sub-areas 1 and/or 2

1. Visual and Performing Arts
2. Literature, Modern Languages, Philosophy and Civilization
3. Arts and Humanities Synthesis

**Area D. Social Sciences (12 units)**

At least 3 units from each sub-area

1. U.S. History and American Ideals
2. U.S. Constitution and California Government
3. Social Sciences: Principles, Methodologies, Value Systems, and Ethics
4. Social Science Synthesis

**Area E. Lifelong Learning and Self-Development (3 units)**
**Interdisciplinary General Education 21 Units**

An alternate pattern for partial fulfillment of GE Areas A, C, and D available for students is the Interdisciplinary General Education (IGE) program. Students should see an advisor for specific GE coursework required by their major. Please refer to the University Catalog General Education Program section for additional information.

*How IGE fulfills General Education Requirements:*

Year	Completion of IGE Courses	Satisfies GE Requirements
First	IGE 1100, IGE 1200	A2 and C2
Second/Third	IGE 2100, IGE 2200	C1 and C2
	IGE 2300, IGE 2400	D1 and D3
Third/Fourth	IGE 3100	C3 or D4

**American Institutions 6 Units**

Courses that satisfy this requirement may also satisfy GE Area D1 and D2.

**American Cultural Perspectives Requirement 3 Units**

Refer to the University Catalog General Education Program section for a list of courses that satisfy this requirement. Course may also satisfy major, minor, GE, or unrestricted elective requirements.

**Graduation Writing Test**

All persons who receive undergraduate degrees from Cal Poly Pomona must pass the Graduation Writing Test (GWT). The test must be taken by the semester following completion of 60 units for undergraduates.