## **Nutrition Labels**

# **Nutrition Facts**

Serving Size: 2 fl oz (60 mL) Conc. Servings Per Container: 6

Amount Per Serving

#### Calories 120

% Daily Value\*

10%

Total Fat 0g	0%
Sodium 15mg	1%
Potassium 280mg	8%

Total Carbohydrate 29g

Sugars 26g

Protein Og

#### Vitamin C 120%

Not a significant source of Calories From Fat, Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Vitamin A, Calcium, and Iron

\* Percent Daily Values are based on a 2,000 calorie diet

## (1) Apple Juice

## **Nutrition Facts**

Serving Size 8 fl. oz. (240 mL) Servings Per Container 7

Amount Per Serving	
Calories 110 Calori	es from Fat 0
	% Daily Value*
Total Fat 0g	0%
Sodium 0mg	0%
Potassium 450mg	13%
<b>Total Carbohydrat</b>	e 26g 9%
Sugars 22g	
Protein 2g	
Calcium 2% • Iron 0% •	Vitamin C 120%
Niacin 4% • Thiamine 1	0%
Vitamin B6 6% • Folate 1	5%

Not a significant source of calories from fat, trans fat, saturated fat, cholesterol, dietary fiber, vitamin A and iron. Percent Daily Values are based on a 2,000 calorie diet.

(3) Orange Juice

## **Nutrition Facts**

Serving Size 1/2 cup (31g) Servings Per Container 20

#### Amount Per Serving

Calor	ries from	Fat 100
	% Da	aily Value*
g		17%
Fat 2g		10%
0g		
0mg		0%
mg		22%
hydrate	15g	5%
ber 1g		4%
	Vitamin (	2.0%
•		J U 70
•	Iron 8%	
alues may b	e higher or l	
Less than Less than	65g 20g	80g
	9 Fat 2g 0g 0mg mg hydrate ber 1g 1 salues are ba alues may b ur calorie ne Calorie ne Calorie s: Less than	% Da g Fat 2g Og Omg mg hydrate 15g ber 1g ber 1g i 6 • Vitamin 0 • Iron 8% alues are based on a 2, alues may be higher or i ur calorie needs: Calories: 2,000

(2) Cheez-It Crackers

# **Nutrition Facts**

Serving Size 1 Bottle (20fl. oz.)

#### Amount Per Serving

Calories 0

% Dail	ily Value*	
Total Fat Og	0%	
Sodium Omg	0%	
Total Carbohydrate Og	0%	
Sugars Og		
Protein Og		

 Percent Daily Values are based on a 2,000 calorie diet.

### (4) Bottled Water

			Amount Per Serving Calories 0
lutrition	Amount/Serving	% DV*	% Daily Value*
acts	Total Fat 0g Sodium 0mg	0% 0%	Total Fat 0g 0%
erving Size 2 pieces (3g)	Total Carb. 2g	1%	Sodium 0mg 0%
lories 5	Sugars 0g Sugar Alcohol 2g		Total Carbohydrate 0g 0%
	Protein Og	-	Sugars 0g
ercent Daily Values (DV) are sed on a 2,000 calorie diet.	Not a significant sou other nutrients.	urce of	
			Protein 0g
			Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, Vitamin A, Vitamin C, calcium or iron. "Percent Daily Values are based on a 2,000 calorie diet.
			INGREDIENT: PURIFIED WATER
(5) м Suppleme			(6) Seltzer Water (Carbon-Dioxide Bubbles)
Serving Size 1 tab Amount Per Tablet	olet No Daily Value		(6) Seltzer Water
Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I.	olet V. 60%		(6) Seltzer Water (Carbon-Dioxide Bubbles) GUARANTEED ANALYSIS 8-4- Plus Mino 5.56% Ammoniacal Nitrogen 2.44% Urea Nitrogen 2.44% Urea Nitrogen 4.0%
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg	ent Facts olet <b>% Daily Value</b> U. 60% 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles) GUARANTEED ANALYSIS 8-4- Plus Mino 5.56% Ammoniacal Nitrogen 2.44% Urea Nitrogen* Available Phosphate (P <sub>2</sub> O <sub>5</sub> )
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U	ent Facts olet U. 60% 100% J. 100%		(6) Seltzer Water   (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS   8-4-Plus Mino   Total Nitrogen (N)   5.56% Ammoniacal Nitrogen   2.44% Urea Nitrogen*   Available Phosphate (P2O5)   Soluble Potash (K2O)   Total Magnesium (Mg)   1.2% Water Soluble Magnesium (Mg)
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg	ent Facts olet <b>% Daily Value</b> U. 60% 100%		(6) Seltzer Water   (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS   8-4-Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P2O5) 4.0   Soluble Potash (K2O) 8.0   Total Nagnesium (Mg) 1.2°   1.2% Water Soluble Magnesium (Mg) 7.0   Sulfur (S) 7.0   Romm (B) 0.00
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U	ent Facts olet U. 60% 100% J. 100%		(6) Seltzer Water   (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS   8-4-Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P2O5) 4.0   Soluble Potash (K2O) 8.0   Total Nagnesium (Mg) 1.2°   1.2% Water Soluble Magnesium (Mg) 7.0   Sulfur (S) 7.0   Romm (B) 0.00
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin E 30 I.U.	ent Facts olet U. 60% 100% J. 100% 100% 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P2O5) 4.0   Soluble Potash (K2O) 8.0   Total Magnesium (Mg) 1.24   1.2% Water Soluble Magnesium (Mg) 7.0   Sulfur (S) 7.0   Boron (B) 0.02   Total Copper (Cu) 0.054   0.01% Water Soluble Cooper (Cu) 0.054
Serving Size 1 tat Serving Size 1 tat Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin E 30 I.U. Thiamin 1.5 mg	ent Facts olet U. 60% 100% J. 100% 100% 100%		(6) Seltzer Water   (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS   8-4-Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Soluble Potash (K2O) 8.0   Total Magnesium (Mg) 1.24   1.2% Water Soluble Magnesium (Mg) 1.24   Soluble Potash (K2O) 8.0   Total Magnesium (Mg) 1.24   1.2% Water Soluble Magnesium (Mg) 0.02   Total Copper (Cu) 0.054   0.01% Water Soluble Copper (Cu) 0.054   0.01% Water Soluble Iron (Fe) 1.54   0.1% Water Soluble Iron (Fe) 1.54
Suppleme Serving Size 1 tak Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin E 30 I.U. Thiamin 1.5 mg Riboflavin 1.7 mg	ent Facts olet U. 60% 100% J. 100% 100% 100% 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P2O5) 4.0   Soluble Potash (K2O) 8.0   Total Magnesium (Mg) 1.2*   1.2% Water Soluble Magnesium (Mg) 1.2*   Suffur (S) 7.0   7.0% Combined Sulfur (S) 0.02   Boron (B) 0.02   Total Iron (Fe) 1.5*   0.1% Water Soluble Copper (Cu) 0.05*   0.1% Water Soluble Iron (Fe) 1.4*   0.01% Water Soluble Iron (Fe) 1.4   0.01% Water Soluble Magnanese (Mn) 1.4   0.01% Water Soluble Magnanese (Mn) 0.005
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin B 30 I.U. Thiamin 1.5 mg Riboflavin 1.7 mg Niacin 20 mg	ent Facts olet U. 60% 100% J. 100% 100% 100% 100% 100% 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P <sub>2</sub> O <sub>5</sub> ) 4.0   Soluble Potash (K <sub>2</sub> O) 8.0   Total Magnesium (Mg) 1.20   Suble Potash (K <sub>2</sub> O) 8.0   Total Magnesium (Mg) 1.20   Suble Potash (K <sub>2</sub> O) 8.0   Total Magnesium (Mg) 1.20   Sulfur (S) 7.0   7.0% Combined Sulfur (S) 0.02   Boron (B) 0.02   Total Copper (Cu) 0.055   0.11% Water Soluble Copper (Cu) 0.055   0.11% Water Soluble Iron (Fe) 1.4   0.01% Water Soluble Magnanese (Mn) 0.0005   Molybdenum (Mo) 0.0005   Total Zinc (Zn) 0.055   0.01% Water Soluble Manganese (Mn) 0.055   0.01% Water Soluble Zinc (Zn) 0.055
Suppleme Serving Size 1 tak Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin B 30 I.U. Thiamin 1.5 mg Riboflavin 1.7 mg Niacin 20 mg Vitamin B6 2 mg Folic Acid 400 mc	ent Facts olet U. 60% 100% J. 100% 100% 100% 100% 100% 100% 100% 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.44%   2.44% Urea Nitrogen* 4.0   Available Phosphate (P2O5) 4.0   Soluble Potash (K2O) 8.0   Total Nitrogen (Mg) 1.24   J.2% Water Soluble Magnesium (Mg) 1.24   Sulfur (S) 7.0   7.0% Combined Sulfur (S) 0.02   Boron (B) 0.02   Total Iron (Fe) 1.54   0.01% Water Soluble Copper (Cu) 0.054   0.01% Water Soluble Iron (Fe) 1.44   0.01% Water Soluble Iron (Fe) 1.44   0.01% Water Soluble Iron (Fe) 1.44   0.01% Water Soluble Manganese (Mn) 0.0005   Noilybdenum (Mo) 0.0005   Total Zinc (Zn) 0.055   0.01% Water Soluble Zinc (Zn) 0.055 <td< td=""></td<>
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin D3 400 I.U Vitamin E 30 I.U. Thiamin 1.5 mg Riboflavin 1.7 mg Niacin 20 mg Vitamin B6 2 mg Folic Acid 400 mc Vitamin B12 6 mc	ent Facts olet U. 60% 100% J. 100% 100% 100% 100% 9 100% 9 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P <sub>2</sub> O <sub>5</sub> ) 4.0   Soluble Potash (K <sub>2</sub> O) 8.0   Total Magnesium (Mg) 1.2°   1.2% Water Soluble Magnesium (Mg) 1.2°   Sulfur (S) 7.0°   7.0% Combined Sulfur (S) 0.02   Boron (B) 0.02   Total Copper (Cu) 0.05°   0.1% Water Soluble Copper (Cu) 0.05°   0.1% Water Soluble Iron (Fe) 1.4°   Total Magnese (Mn) 1.4°   0.01% Water Soluble Magnese (Mn) 0.0005   Moitybdenum (Mo) 0.0005   0.01% Water Soluble Zinc (Zn) 0.05°   Derived from: Polymer-coated Urea, Urea, Diammonium Phosphate, Sulfate of Potash Magnesia, Muriate of Potash, Sofium Borate, Copper Sulfate, Copper Oxide, Ferrous Sulfat   Priozolizati Copie Sulfate of Soluble Zinc (Zn) 0.05°   Dotal Borate, Copper Sulfate, Copper Oxide, Ferrous Sulfat Solitate of Potash Magnesia, Muriate of Potash, Sofium Borate, Copper Sulfate, Copper Oxide, Key Andreansee Context
Serving Size 1 tak Serving Size 1 tak Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin B 30 I.U. Thiamin 1.5 mg Riboflavin 1.7 mg Niacin 20 mg Vitamin B6 2 mg Folic Acid 400 mc Vitamin B12 6 mc Pantothenic Acid	ent Facts olet <b>% Daily Value</b> U. 60% 100% 1		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P2O5) 4.0   Soluble Potash (K2O) 8.0   Total Magnesium (Mg) 1.20   1.2% Water Soluble Magnesium (Mg) 1.20   Sulfur (S) 0.02   Total Copper (Cu) 0.050   0.01% Water Soluble Copper (Cu) 0.050   1.2% Water Soluble Copper (Cu) 0.055   0.01% Water Soluble Iron (Fe) 1.57   Total Iron (Fe) 1.44   0.01% Water Soluble Iron (Fe) 1.57   0.01% Water Soluble Iron (Fe) 0.00055   Total Zinc (Zn) 0.00055   Total Zinc (Zn) 0.00055   Total Zinc (Zn) 0.00055   Total Zinc (Zn) 0.0055   Oo1% Water Soluble Zinc (Zn) 0.055   Oo1% Water Soluble Zinc (
Serving Size 1 tab Serving Size 1 tab Amount Per Tablet Vitamin A 3,000 I. Vitamin C 60 mg Vitamin D3 400 I.U Vitamin D3 400 I.U Vitamin E 30 I.U. Thiamin 1.5 mg Riboflavin 1.7 mg Niacin 20 mg Vitamin B6 2 mg Folic Acid 400 mc Vitamin B12 6 mc	ent Facts olet U. 60% 100% J. 100% 100% 100% 100% 9 100% 9 100%		(6) Seltzer Water (Carbon-Dioxide Bubbles)   GUARANTEED ANALYSIS 8-4- Plus Mino   Total Nitrogen (N) 8.0   5.56% Ammoniacal Nitrogen 8.0   2.44% Urea Nitrogen* 8.0   Available Phosphate (P <sub>2</sub> O <sub>5</sub> ) 4.0   Soluble Potash (K <sub>2</sub> O) 8.0   Total Magnesium (Mg) 1.2°   1.2% Water Soluble Magnesium (Mg) 1.2°   Sulfur (S) 7.0°   7.0% Combined Sulfur (S) 0.02   Boron (B) 0.02   Total Copper (Cu) 0.05°   0.1% Water Soluble Copper (Cu) 0.05°   0.1% Water Soluble Iron (Fe) 1.4°   Total Magnese (Mn) 1.4°   0.01% Water Soluble Magnese (Mn) 0.0005   Moitybdenum (Mo) 0.0005   0.01% Water Soluble Zinc (Zn) 0.05°   Derived from: Polymer-coated Urea, Urea, Diammonium Phosphate, Sulfate of Potash Magnesia, Muriate of Potash, Sofium Borate, Copper Sulfate, Copper Oxide, Ferrous Sulfat   Priozolizati Copie Sulfate of Soluble Zinc (Zn) 0.05°   Dotal Borate, Copper Sulfate, Copper Oxide, Ferrous Sulfat Solitate of Potash Magnesia, Muriate of Potash, Sofium Borate, Copper Sulfate, Copper Oxide, Key Andreansee Context

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	3.5g)	Serving Size Servings Pe	er Container: 302		
Amount Per Serving		Amounts Per Calories 0			
Calories 15		Calories		y Value	
% Da	% Daily Value* Total Fat 0g		)g	0%	
		Saturated Fat 0g		09	
Total Fat Og	0%	Trans Fat 0g			
Sodium Omg	0%	Cholesterol Omg		0%	
Sould in onig	0 /0	Sodium 570mg		24%	
Total Carbohydrate 4	lg <b>1%</b>		ohydrate Og	09	
0		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		0%	
Sugars 4g		Sugars 0			
Protein 0g		Protein Og			
liter og		Vitamin A	0% • Vitamin C	0%	
*Demont Delle Maler		Calcium	0% • Iron	0%	
*Percent Daily Values are based on a 2,000 calorie diet.		*Percent Daily Va	*Percent Daily Values are based on a 2,000 calorie di		