

# EOP Advising Services

# General Education Selection Activity Sheet

**Instructions to complete:** Refer to the General Education Course Listing via the online Catalog and select a 1st and 2nd choice for each category below and cross reference these with major curriculum sheet.

Area A English Language Communication and Critical Thinking		9 Units					
<i>Need a C of better in A1, A2, &amp; A3 to receive credit</i>		1st Choice	Units	2nd Choice	Units	Alternate(s)	Units
1. Oral Communication		_____	_____	_____	_____	_____	_____
2. Written Communication		_____	_____	_____	_____	_____	_____
3. Critical Thinking		_____	_____	_____	_____	_____	_____

Area B Scientific Inquiry and Quantitative Reasoning		12 Units					
<i>Select at least one lab course from sub-area 1 or 2.</i>		1st Choice	Units	2nd Choice	Units	Alternate(s)	Units
1. Physical Science		_____	_____	_____	_____	_____	_____
2. Life Science		_____	_____	_____	_____	_____	_____
3. Laboratory Activity		_____	_____	_____	_____	_____	_____
4. Math/Quantitative Reasoning (Need a C or better)		_____	_____	_____	_____	_____	_____
5. Science and Technology Synthesis (upper division)		_____	_____	_____	_____	_____	_____

Area C Art and Humanities		12 Units					
		1st Choice	Units	2nd Choice	Units	Alternate(s)	Units
1. Visual and Performing Arts		_____	_____	_____	_____	_____	_____
2. Literature, Modern Language, Philosophy and Civilization		_____	_____	_____	_____	_____	_____
Choose addition class from C1 or C2		_____	_____	_____	_____	_____	_____
3. Art and Humanities Synthesis (upper division)		_____	_____	_____	_____	_____	_____

Area D Social Science		12 Units					
		1st Choice	Units	2nd Choice	Units	Alternate(s)	Units
1. U.S. History and American Ideals		_____	_____	_____	_____	_____	_____
2. U.S. Constitution and California Government		_____	_____	_____	_____	_____	_____
3. Social Sciences: Principles, Meth., Value System, & Ethics		_____	_____	_____	_____	_____	_____
4. Social Science Synthesis (upper division)		_____	_____	_____	_____	_____	_____

Area E Lifelong Understanding and Self-Development		3 Units					
		1st Choice	Units	2nd Choice	Units	Alternate(s)	Units
		_____	_____	_____	_____	_____	_____