Catalog Year 2010-2011
Name
Evaluator Minimum Units Required $\quad 180 \quad$ Student ID

GWT Satisfied

| Required Core Courses |  |  |
| :--- | ---: | :---: |
| Course |  | Units |
| Professions in Kinesiology and Health Promotion | KIN 201 | 1 |
| Critical Perspectives in Kinesiology | KIN 209 | 3 |
| Physiology of Exercise | KIN 303/303L | $3 / 1$ |
| Introduction to Biomechanics | KIN 304/304L | $3 / 1$ |
| Lifespan Motor Development | KIN 312/312A | $3 / 1$ |
| Tests and Measurements | KIN 425/425A | $3 / 1$ |
|  |  |  |


| Required Subplan/Option Courses |  |  |
| :--- | ---: | :---: |
| Course | GED 400/400L | $3 / 1$ |
| Foundations of Educational Comp Literacy | KIN 204/204A | $1 / 2$ |
| Field Work for Prospective PE Teachers | KIN 205/205A | $2 / 1$ |
| First Aid | KIN 206 | 3 |
| Introduction to Adapted Physical Education | KIN 206S | 131 |
| or Introduction to Adapted Phys Service Learn | KIN 208/208A | $2 / 2$ |
| Introduction to Pedagogy Theory | KIN 210 | 4 |
| History of Physical Education and Sport | KIN 250/250A | $2 / 1$ |
| Teaching Team Court Sports | KIN 251/251A | $1 / 1$ |
| Teaching Outdoor/Adventure Education | KIN 252/252A | $1 / 2$ |
| Teaching Team Field Sports | KIN 253/253A | $2 / 1$ |
| Teaching Individual and Fitness Activities | KIN 255/255A | $1 / 2$ |
| Teaching Rhythms and Dance | KIN 256/256A | $2 / 1$ |
| Teaching Innovative Activities | KIN 257/257A | $2 / 1$ |
| Teaching Gymnastics and Self Defense | KIN 262/262A | $1 / 2$ |
| Teaching Racquet Activities | KIN 264/264A | $1 / 1$ |
| Teaching Aquatics | KIN 310 | 3 |
| Philosophy of Physical Education and Sport | KIN 328/328A | $2 / 1$ |
| Elementary Physical Education | KIN 405/405A | $2 / 1$ |
| Adapted Physical Education Fieldwork | KIN 405S/405AS | $12 / 1)$ |
| or Adapted Physical Education Service Learn | KIN 420 | 3 |
| Management Principles in Kinesiology and Sport | KIN 430/430L | $3 / 1$ |
| Motor Learning and Human Performance | KIN 440 | 4 |
| Physical Education Curriculum | KIN 441 | 3 |
| School Health Education | KIN 450 | 4 |
| Socio-cultural Perspectives of Physical Activity | KIN 463 | 4 |
| Senior Seminar for Pedagogy | Z00 234/234L | $3 / 2$ |
| Human Anatomy | Z00 235/235L | $3 / 1$ |
| Human Physiology | Total Units | 86 |
|  |  |  |


| Required Support Courses |  |  |
| :--- | ---: | :---: |
| Course |  | Units |
| Basic Biology (B2, B3) | BIO 115/115A/115L | $3 / 1 / 1$ |
| Statistics with Applications (B4) | STA 120 | 4 |
| Nutrition, Science and Health (B5) | FN 305 | 4 |
|  | Total Units | 13 |

## Elective Support Courses

| Course |  | Units |
| :---: | :---: | :---: |
| Students who want the additional focus on Adapted PE should complete the courses listed. Those that choose not to focus on Adapted PE should complete 5 units of Unrestricted Electives. |  |  |
| Motor Assess for Individuals w/ Disabilities or Motor Assess for Individuals Service Learn | KIN 401/401A KIN 401S/401AS | $\begin{gathered} 3 / 1 \\ (3 / 1) \end{gathered}$ |
| Adapted Physical Education Fieldwork (Clinician) | KIN 405/405A | 2/1 |
| or Adapted Physical Education Service Learn | KIN 405S/4015S | (2/1) |
| PE for Physically and Health Impaired | KIN 406/406A | $3 / 1$ |
| or PE for Physically and Health Service Learn | KIN 406S/406AS | (3/1) |
| PE for Individuals w/ Severe Disabilities | KIN 410/410A | 3/1 |
| or PE for Individuals w/ Severe Service Learn | KIN 410S/410AS | (3/1) |
|  | Total Units | 0-15 |


| Unrestricted Electives |  |  |  |
| :--- | :---: | :---: | :---: |
| Course | Units |  |  |
| Select a sufficient number of courses so that the total from <br> "Required Support", "Elective Support", "GE", and <br> "Unrestricted Electives" is at least 74 units. | $0-5$ |  |  |
| Total Units |  |  | $\mathbf{0 - 5}$ |

Check University Catalog for prerequisites to all courses.

| General Education Requirements |  |
| :--- | :---: |
| Area | Units |
| Area A Communication \& Critical Thinking | $\mathbf{1 2}$ |
| 1 Oral Communication |  |
| 2 | Written Communication |
| 3 Critical Thinking |  |
| Area B Mathematics \& Natural Sciences | 16 |

## Area B Mathematics \& Natural Sciences

Select at least one lab course from sub-area 1or 2.
1 Physical Science
2 Biological Science
3 Laboratory Activity
4 Math/Quantitative Reasoning
5 Science \& Technology Synthesis

## Area C Humanities

1 Visual and Performing Arts
2 Philosophy and Civilization
3 Literature and Foreign Language
4 Humanities Synthesis
Area D Social Sciences
1 U.S. History, Constitution, American Ideals
2 History, Economics and Political Science
3 Sociology, Anthropology, Ethnic \& Gender Studies
4 Social Science Synthesis

| Area E Lifelong Understanding \& Self Development | 4 |
| ---: | :--- |
| Total Units | 68 |

American Institutions
Courses that satisfy this requirement may also satisfy G.E. Area D1

## American Cultural Perspectives Requirement

Refer to catalog for list of courses that satisfy this requirement Course may also satisfy major, minor, GE, or unrestricted elective requirements.

The following required support courses should be taken to satisfy the indicated GE Requirements to achieve the minimum units to degree listed at the top of this sheet.

| Course |  | GE Area |
| :--- | ---: | :---: |
| Basic Biology | BIO 115/115A/115L | B2, B3 |
| Statistics with Applications | STA 120 | B4 |
| Nutrition, Science and Health | FN 305 | B5 |
|  |  |  |

The remaining GE requirements may be satisfied by any course approved for that area.

No more than 105 community college quarter units or 36 extension credit quarter units may be applied toward a Bachelor's degree.

