



**California State Polytechnic University, Pomona
Degree Curriculum Sheet**

Plan (Major) KINESIOLOGY
Subplan/Option Health Promotion

Catalog Year 2011-2012
Minimum Units Required 180

Name _____
Student ID _____

Evaluator _____
GWT Satisfied Yes No

Required Core Courses		
Course		Units
Professions in Kinesiology and Health Promotions	KIN 201	1
Critical Perspectives in Kinesiology	KIN 209	3
Physiology of Exercise	KIN 303/303L	3/1
Introduction to Biomechanics	KIN 304/304L	3/1
Lifespan Motor Development	KIN 312/312A	3/1
Tests and Measurements	KIN 425/425A	3/1
Total Units		20

Required Subplan/Option Courses		
Course		Units
Nutrition, Science, and Health	FN 305	4
Principles of Marketing Management	IBM 301	4
First Aid	KIN 205/205A	2/1
Personal Health	KIN 207	4
Consumer Health	KIN 380	4
Physiology of Exercise II	KIN 403/403L	3/1
Drug Education	KIN 408	4
Movement Anatomy & Kinesiology	KIN 412/412A	3/1
Principles of Exercise Prescription and Programs	KIN 453	3
Sports Medicine	KIN 455	4
Exercise Metabolism and Weight Control	KIN 456	3
Exercise Physiology Fieldwork	KIN 458/458A	1/2
Health/Fitness Instructor	KIN 459	3
Senior Project	KIN 461/462	2/2
Health Program Needs Assessment	KIN 479/479A	2/2
Health Program Planning & Evaluation	KIN 480/480A	3/1
Mind, Brain, and Behavior	PSY 210	4
Health Psychology	PSY 326	4
Human Anatomy	ZOO 234/234L	3/2
Human Physiology	ZOO 235/235L	3/1
Total Units		76

Required Support Courses		
Course		Units
Basic Biology (B2, B3)	BIO 115/115A/115L	3/1/1
Stress Management for Healthy Living (B5 or D4)	KIN 370	4
General Psychology (E)	PSY 201	4
Statistics with Applications (B4)	STA 120	4
Total Units		17

Elective Support Courses		
Course		Units
Select 15 units from the following:		15
Financial Accounting for Decision Making	ACC 207/207A	(4/1)
Genetics and Human Issues	BIO 300	(4)
Introduction to Ethnic Studies	EWS 140	(4)
Marketing Strategy	IBM 302	(4)
International Marketing Communication	IBM 307	(4)
Marketing of Services	IBM 316	(4)
Marketing for Small Business Organizations	IBM 410	(4)
Human Relations	PSY 314	(4)
Cognitive Processes	PSY 334	(4)
Educational Psychology	PSY 340	(4)
Social Psychology	PSY 401	(4)
Theories of Learning	PSY 402	(4)
Basic Counseling	PSY 417	(4)
Contemporary Social Problems	SOC 301	(4)
Total Units		15

Check *University Catalog* for prerequisites to all courses.

General Education Requirements		
Area	Units	
Area A Communication & Critical Thinking	12	
1 Oral Communication		
2 Written Communication		
3 Critical Thinking		
Area B Mathematics & Natural Sciences	16	
<i>Select at least one lab course from sub-area 1 or 2.</i>		
1 Physical Science		
2 Biological Science		
3 Laboratory Activity		
4 Math/Quantitative Reasoning		
5 Science & Technology Synthesis		
Area C Humanities	16	
1 Visual and Performing Arts		
2 Philosophy and Civilization		
3 Literature and Foreign Language		
4 Humanities Synthesis		
Area D Social Sciences	20	
1 U.S. History, Constitution, American Ideals		
2 History, Economics and Political Science		
3 Sociology, Anthropology, Ethnic & Gender Studies		
4 Social Science Synthesis		
Area E Lifelong Understanding & Self Development	4	
Total Units		68

American Institutions	Units
Courses that satisfy this requirement may also satisfy G.E. Area D1	8

American Cultural Perspectives Requirement	Units
Refer to catalog for list of courses that satisfy this requirement. Course may also satisfy major, minor, GE, or unrestricted elective requirements.	4

The following required support courses should be taken to satisfy the indicated GE Requirements to achieve the minimum units to degree listed at the top of this sheet.		
Course		GE Area
Basic Biology	BIO 115/115A/115L	B2, B3
Statistics with Applications	STA 120	B4
Stress Management for Healthy Living	KIN 370	B5 or D4
General Psychology	PSY 201	E
The remaining GE requirements may be satisfied by any course approved for that area.		

No more than 105 community college quarter units or 36 extension credit quarter units may be applied toward a Bachelor's degree.
A minimum 2.0 cumulative GPA is required in core (including option) courses, Cal Poly Pomona courses, and overall work completed in order to receive a degree in this major.