

## Kinesiology, B.S. - General Subplan/Option: 120 units 2020-2021 Academic Year

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
<b>Year 1</b>	KIN 2020 Introduction to Kinesiology and Health Promotion [FSpSu]		3	BIO 2350 Human Physiology [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	3	[ ] = Term Typically Offered F = Fall Sp = Spring Su = Summer e = even years o = odd years
	KIN 2050 Applied Health & Well-Being [FSpSu]		3	BIO 2350L Human Physiology Laboratory [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Coreq: BIO 2350.	1	
	GE Area A2: Written Communication [FSp]		3	KIN 2200 Pedagogical Principles of Kinesiology and Health Promotion [FSpSu]		3	
	BIO 1150 Basic Biology (B2) [FSp]	Coreq: BIO 1150L.	3	KIN 2290 Contemporary Issues in Kinesiology and Health Promotion [FSpSu]		3	
	BIO 1150L Basic Biology Laboratory (B3) [FSp]	Coreq: BIO 1150.	1	GE Area A1: Oral Communication [FSP]		3	
			0	STA 1200 Statistics with Applications (B4) [FSpSu]	Prereq: Category I, Category II, Category III, appropriate score on ALEKS placement exam, completion of GE Sub-area B4, or C- or better in MAT 1051.	3	
	<b>Total Units</b>		<b>13</b>	<b>Total Units</b>		<b>16</b>	

Year 2	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
	BIO 2340 Human Anatomy [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	2	KIN 3030 Physiology of Exercise [FSpSu]	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030L.	3	
BIO 2340L Human Anatomy Laboratory [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	2	KIN 3030L Physiology of Exercise Laboratory [FSpSu]	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030.	1		
PHY 1210 Physics of Motion, Fluids, and Heat (B1) [FSp]	Prereq: C- or better in MAT 106, MAT 1060, MAT 112, MAT 114, MAT 1140, MAT 1140C, MAT 115, MAT 116 or MAT 1150. Coreq: PHY 1210L.	3	Option Electives [FSp]	Select from Curriculum Sheet	3		
PHY 1210L Physics of Motion, Fluids, and Heat Laboratory (B3) [FSp]	Coreq: PHY 1210.	1	GE Area C1: Visual and Performing Arts [FSp]		3		
Option Electives [FSp]	Select from Curriculum Sheet	4	GE Area E: Lifelong Learning and Self-Development [FSp]		3		
GE Area A3: Critical Thinking [FSp]		3	Option Electives [FSp]	Select from Curriculum Sheet	3		
<b>Semester Total Units</b>		<b>15</b>	<b>Semester Total Units</b>		<b>16</b>		

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 3	KIN 3040 Introduction to Biomechanics [FSpSu]	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102 or PHY 1020; PHY 121L, PHY 1210L, PHY 102 or PHY 1020. Coreq: KIN 3040L.	3	KIN 3620 Motor Behavior [FSpSu]	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620A.	3	<i>Graduation Writing Test must be taken before completion of 75 units.</i>
	KIN 3040L Introduction to Biomechanics Laboratory [FSpSu]	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102, or PHY 1020; and PHY 121L, PHY 1210L, PHY 102, or PHY 1020. Coreq: KIN 3040.	1	KIN 3620A Motor Behavior Activity [FSpSu]	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620.	1	
	Option Electives [FSp]	Select from Curriculum Sheet	3	KIN 3650 Dimensions of the Aging Process [FSpSu]		3	
	GE Area C2: Literature, Modern Languages, Philosophy and Civilization [FSp]		3	GE Area C1 or GE Area C2 [FSp]	Select either C1: Visual and Performing Arts or C2: Literature, Modern Languages, Philosophy and Civilization course	3	
	GE Area D1: U.S. History American Ideals [FSp]		3	GE Area D2: U.S. Constitution and California Government [FSp]		3	
	KIN 3510 Philosophical and Ethical Issues [FSpSu]		3			0	
	<i>Take the Graduation Writing Test</i>						
	<b>Semester Total Units</b>		<b>16</b>	<b>Semester Total Units</b>		<b>13</b>	

	Fall		Units	Spring		Units	Comments	
	Courses	Requirements/Comments		Courses	Requirements/Comments			
Year 4	Unrestricted Elective		4	Option Electives [FSp]	Select from Curriculum Sheet	3		
	Option Electives [FSp]	Select from Curriculum Sheet	3	Option Electives [FSp]	Select from Curriculum Sheet	3		
	Option Electives [FSp]	Select from Curriculum Sheet	3	Option Electives [FSp]	Select from Curriculum Sheet	3		
	GE Area D3: Social Sciences: Principles, Methodologies, Value Systems, and Ethics [FSp]		3	GE Area D4: Social Science Synthesis [FSp]		3		
	GE Area C3: Arts and Humanities Synthesis [FSp]		3	GE Area B5: Science and Technology Synthesis [FSp]		3		
	<i>File an application to graduate</i>							
	<b>Semester Total Units</b>		<b>16</b>	<b>Semester Total Units</b>		<b>15</b>		
			<b>Total Units</b>		<b>120</b>			