

How do Plants Grow?



Theme: Plants

Curriculum Area: Science

Activity: In this Activity, you will be growing a flower. In order for flowers to grow, you need to plant them in soil, expose them to sunlight, and water them. If your flower does not have enough soil, water, or sunlight, it will not grow. Now it is time for you to plant your flower!

Age of Children: 5th grade

Materials Needed:

- Pot to plant your flower
- Soil
- Flower seed (of your choice!)
- Water
- A sunny spot to put your flowerpot!

Developmental Objectives/Domains: By participating in this activity, children will:

1. Develop skills that will help them in the future.
2. Understand how plants grow.
3. Enhance their ability to be responsible and learn why planting is important.

Procedure:

1. Gather all of your materials and set up outside in a sunny area.
2. Grab your flowerpot and pour the soil into it.
3. Next, put your flower seed into the soil.
4. Now, water your plant until the soil is damp (Don't over water it!)
5. Lastly, continue to water your plant over the next several weeks and watch your plant grow!