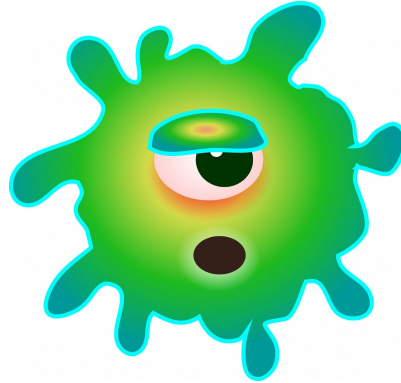


## Hand Washing



**Theme:** Germs

**Curriculum Area:** Science

**Activity:** The children will learn about how germs spread and how they can reduce the spread of germs.

**Age of Children:** 4-5 years of age

**Materials Needed:**

- Lotion
- Glitter
- Bowl
- Cleaning materials: paper towels, child safe spray

**Developmental Domains/ Objectives:**

1. Develop an understanding of germs and how they can spread.
2. Enhance their independent hygiene skills.
3. They will learn to be responsible with their handwashing.

**Procedure:**

1. Have a discussion with the children about germs. Ask them questions like can we see germs, what can germs do to us and how can we get rid of germs.
2. Have the children wash their hands.

3. Have the children help you mix the lotion and glitter in a bowl with their hands.
4. Then, ask them individually to touch items around the class with the lotion and glitter on their hands. "Please grab me a ruler" or "help me push in chairs.
5. Next, explain that the glitter is like germs on our hands before we wash them.
6. Have the children wash their hands.
7. Challenge the children to use the cleaning products to clean up all the "germs" (glitter) around the room.