

# LEMON SCENTED RICE SENSORY

**Curriculum Area:** Visual Arts and Sciences

## **Activity:**

Learning about the world using all the senses, how things feel and smell. Asking Child(ren) open ended questions about the current activity. Making fun DIY projects at home will be fun for your child(ren.) Today we make scented rice, which can be sensory, a calming and therapeutic playtime activity for kids.

**Age of Children:** 2-5

## **Materials Needed:**

- ✓ White rice
- ✓ Lemon juice
- ✓ Yellow food coloring (for different shades)
- ✓ A bin to play in with fun scoops/bowls

## **Developmental Objectives/Domains:**

The purpose for this activity is to incorporate Art Play with rice as a multicultural tribute and develop their skills in Visual Arts.

## **Procedure:**

1. Measure one cup of rice into a container with a lid.
2. Add one teaspoon of lemon juice (pretty strong scent with this amount, adjust to preference)
3. Add desired amount of food coloring
4. Spread on paper towel and let dry (30 mins for ours)
5. Play!

