9/11 DAY
MORE GOOD DEEDS FOR YOU

Check out our eleven different lists of good deeds for 9/11 Day

INTERACTIVE

Published by 9/11 Day | August 2022
11 GOOD DEEDS TO HELP OUR MILITARY AND VETERANS

1. Donate small bottles of soap, shampoo, and toothpaste to a local veteran’s homeless shelter. The National Coalition for Homeless Veterans can help you locate an organization in your community.

2. Send care packages for members of our military with the help of nonprofit organizations like Support Our Troops or the USO Wishbook.

3. Make holiday stockings for heroes. Help Soldiers Angels spread cheer by preparing holiday stockings for military service members or veterans.

4. Send a card to a veteran. Know a veteran or military service member in need of connection or encouragement? Share their info with Soldiers Angels and they’ll send a card, with a message of your choice.

5. Donate your old phone to Cell Phones for Soldiers. Keep your phone out of a landfill and help a military member stay connected to their family.

6. Provide transportation services to veterans. Volunteer with a local VA to help veterans get to and from medical and mental health treatments.

7. Donate books to Operation Paperback. This nonprofit puts books in the hands of active-duty military members and veterans.

8. Make a paracord bracelet. Operation Gratitude will send the bracelet to military members in their Care Packages.

9. Foster a military animal. Find out if you’re eligible to foster an animal for a military family while they’re away through PACT.

10. Donate clothes, small furniture, housewares, bedding and blankets to the Vietnam Veterans of America. The PickUp Please donation program allows you to schedule a pickup date, and they’ll send a truck to you!

11. Donate your unused airline miles or rewards. The Fisher House Hero Miles program provides military members with round-trip airline tickets.
11 GOOD DEEDS THAT FAMILIES CAN DO TOGETHER

1. Sponsor a family in need with Family-to-Family. In addition to a monthly donation that will provide 15+ meals, you can write letters and send children’s books, winter coats and other items that your partner’s family may need.

2. Give to First Book. Donations will help deliver 7 million books to children in need who don’t have Internet access or home libraries to keep learning.

3. Donate books to Operation Paperback. This nonprofit puts books in the hands of active-duty military members and veterans.

4. Interview a grandparent or elderly friend. Find out what they did for fun when they were young, and how it is the same and different from you. Follow your phone or video interview with a card in the mail.

5. Get in touch with your local animal shelter. Find an animal in need of a home to foster or adopt.

6. Help to Keep America Beautiful. Clean up a park, beach or neighborhood near you as a family and share a photo of your project with Keep America Beautiful and on social media with #DoBeautifulThings #911day.

7. Empower kids to lead change via Youth Service America. Download and share Youth Service America’s Kids in Action Guide (ages 5-12) or Youth Changing the World Toolkit (ages 13-25) with your kids, empowering them to become leaders for change in your community.

8. Help neighbors with yard work. Create a simple service project in your neighborhood by taking out the garbage, walking a dog, and/or other simple chores!

9. Lift your neighborhood spirits. Leave kind messages and art in your windows and on sidewalks for passersby to see.

10. Teach courage, compassion, and resilience at home. Check out the free activities the 9/11 Memorial and Museum offers for kids.

11. Discuss patriotism as a family. The Congressional Medal of Honor Society provides free lesson plans for young people.
11 GOOD DEEDS FOR SENIORS

1. Work with Family-to-Family, to be matched up with and sponsor meals for those in need. You can be matched specifically with veteran, an elderly holocaust survivor or a family in need.

2. Read with kids virtually. Join the VELLO Online Reading Program to get started.

3. Raise awareness of the latest scams targeting people of all ages with an emphasis on the 50+ as an AARP Digital Fraud Fighters volunteer.

4. Become a TED Translator. Help subtitle TED talks in different languages, and enable the inspiring ideas in them to cross cultures and borders.

5. Become a digital volunteer for the Smithsonian. Help in a number of different projects at the Smithsonian Transcription Center, Archives of American Gardens or the Encyclopedia of Life.


7. Be a Digital Advocate for the American Red Cross. Volunteer to share important updates and generate donations on social media.

8. Virtually assist those who are blind or have low vision. Sign up with Be My Eyes to start helping!

9. Volunteer with your local Meals on Wheels chapter. Deliver hot and healthy meals to elderly and health compromised members of your community.

10. Become a Learn To Be online tutor. Help tutor underserved youth around the nation in math, science, reading and writing.

11. Check out the AARP Virtual Volunteering Guide. There are more opportunities to explore.
11 GOOD DEEDS TO HELP YOUR LOCAL COMMUNITY

1. Purchase school supplies for your local school. Contact the school to see what supplies they need for the upcoming school year.

2. Look through Amazon.com to locate local teacher wish lists and help them equip their classrooms for the school year.

3. Visit an aging neighbor and offer to bring them a meal, a book or simply spend some time with them.

4. Contact local nonprofits and community centers to find out about volunteer opportunities including food pantries, packing meals or local soup kitchens – which are always looking for help.

5. Donate pet food to a local animal shelter. Or better yet, go and spend some time with the animals.

6. Donate your old cell phone at the local mobile phone company store. Many stores send them to shelters for victims of domestic abuse.

7. Make a financial contribution to a charity, local nonprofit, faith group of school.

8. Help your elderly neighbor with yard work, walk their dog or get their mail.

9. Offer to help mentor a young kid looking to gain skills. Your experience is valuable to a young person starting out in the workforce.

10. Give something away to Goodwill, Salvation Army, or another charity, such as items of clothing (in good shape) that you don't need, like winter coats, shoes, or eye wear.

11. Join a choir or vocal group for an outing to a senior center and share music.
11 GOOD DEEDS TO SUPPORT YOUR NEIGHBORS

1. After blowing leaves from your yard, blow leaves off your neighbor’s yard.
2. Hold the door for the person behind you.
3. Talk to or have lunch with someone who just moved into your neighborhood.
4. Donate or give away your used toys you don’t need, like bicycles or skates that you’ve outgrown.
5. Look up on YouTube how to make “birdseed cookies,” then hang outside of your window to feed the birds around you.
6. With a parent or caregiver, go on your own neighborhood cleanup project, collecting litter that you see to be properly recycled or thrown away in your garbage can. Be sure to wear gloves and watch out for sharp objects or anything that’s not safe to pick up.
7. Participate in a cleanup day for your local greenway or public park.
8. Head to the park with chalk and write encouraging messages such as: “Be Kind” or “Smile.”
9. Leave a bowl of fresh water in front of your house for neighborhood animals to enjoy.
10. Dry the slides and play equipment at the park after it rains.
11. Enjoy a tasty treat and help a Girl Scout in your community meet her goal by purchasing some Girl Scout cookies from her.
11 GOOD DEEDS TO START THE SCHOOL YEAR

1. Team up with your classmates to start saving your coins in a piggy bank and then donate the money you raise to a charity selected by the class.

2. Organize a canned food drive with your classmates and find a local food bank where you can donate the food you collect. To locate one visit the Feeding America website.

3. Write a note to a classmate telling them what you like most about them.

4. Help a classmate with a homework assignment.

5. Decorate bookmarks using construction paper, markers, stickers, ribbons or other fun craft supplies and give them out at your school or public library.

6. Ask your teacher if you can help them tidy up your classroom by organizing a bookshelf, picking up trash or cleaning the whiteboard.

7. With your classmates, make encouraging cards for patients at a children’s hospital near you. Ask your teacher to send the cards to Cards for Hospitalized Kids, an organization that sends cards to children in hospitals all over the country.

8. Write a thank you note for someone at your school who does not normally receive recognition, such as the lunchroom or janitorial staff.

9. Pack extra healthy snacks and share them with others at the park or playground.

10. Make “Relax Bottles” with your classmates or family out of clear water bottles filled with glitter and other fun to look at materials to share with kids with learning disabilities to use in times of stress.

11. If you ride the bus to school, sit next to someone who is lonely or new.
11 GOOD DEEDS TO SHOW YOUR FAMILY YOU LOVE THEM

1. Create a piece of art and give it to a friend or family member.

2. Write a positive sticky note and put it on a family member’s door.

3. Help your family and neighbors with yard work.

4. Take a picture with your family and send it to an elderly family member like your grandma or grandpa with a kind note.

5. Write a letter to your mom or dad, or another adult you care about, and tell them how much they mean to you.

6. Pick a bouquet of flowers and give them to someone special.

7. With help from your parents or guardian, help make a pancake breakfast for your family.

8. Write your dad or another father figure in your life a letter or email telling them what you love and appreciate about them. (You could also post a kind message and photo you like on your family’s social media page if permitted to do so.)

9. Thank your parent/s after having family dinner.

10. Compliment your parent’s or a loved one on how much you enjoyed a meal they cooked.

11. Bring in the newspaper for your parents.
11 GOOD DEEDS TO TAKE CARE OF YOURSELF

1. Do a good deed for yourself – you count, too – so quit smoking, start exercising, or begin a new activity you’ve put off.

2. Show yourself some love and appreciation by creating a list of three things that are special about you.

3. Make planters out of plastic bottles and use them to plant pollinator-friendly flowers and put them outside your home.

4. Invite a friend over to your house for a fun movie night.

5. Give someone a hug when they’re crying.

6. Count to ten before you let yourself lose your temper.

7. Say thank you to everyone who helps you out today.

8. Forgive someone.

9. Practice gratitude all month by making a list of at least three things you are thankful for each day.

10. After school or work, volunteer to read your favorite children’s books to younger kids in your community at a public library or afterschool program.

11. Pay-it-forward and leave happy notes around town.
11 GOOD DEEDS TO BE A GOOD FRIEND

1. Write a thank you note to a teacher or do something helpful for them.

2. Go through your clothes, toys and other possessions with your parents and decide if there are things you can give away to others or donate to Goodwill or another charity.

3. Offer to help your parents around the house beyond what you normally do.

4. Ask your parents to volunteer with you locally, perhaps at an animal shelter or another place that your parents can help you find.

5. Invite a friend over for a visit (with their parents permission).

6. Bring extra snacks (no peanuts please) or fruit and offer them to your friends at school.

7. Offer to help pick up trash with your parents at a local park, beach, or other area.

8. Write a thank you card for your mom or dad, or someone else that takes care of you.

9. Make cards for the brave firefighters and first responders saving communities from fires.

10. Donate books you no longer read to a local public library or children’s hospital.

11. Call your grandparents and say hi!

Or, better yet, think up your own good deed! Then share it with us on social media #911day, or ask your parents to do it.
11 GOOD DEEDS KIDS CAN DO ON THEIR OWN

1. Make planters out of plastic bottles and use them to plant pollinator-friendly flowers and put them outside your home.

2. Ask someone you normally do not play with to be on your team during the games you play at recess or physical education class.

3. Pick up at least 5 pieces of trash outside your school when you’re at recess to help keep the earth litter-free. Get your classmates to join you and see who can clean up the most!

4. Ask your parents to walk, bike or take public transit when running errands on the weekend to reduce your carbon footprint.

5. Bring a reusable water bottle to school every day instead of drinking from plastic bottles meant to be thrown away after one use.

6. Set up a “playdate” with someone new in your class or a new neighbor.

7. Help your family and neighbors with yard work.

8. Make cards for the brave firefighters and first responders saving communities from fires.

9. Learn about a holiday that is different from what you celebrate in your home and share what you discovered with your family or classmates.

10. Make cards for the elderly and deliver them to a nursing home.

11. Donate books you no longer read to a local public library or children’s hospital.
11 GOOD DEEDS TO PAY-IT-FORWARD

1. Create and donate a “birthday box” to a food shelter. Include items such as cake mix, frosting, candles, balloons & party hats.

2. Create a “holiday” for someone in your life, such as “Grandma’s Appreciation Day” and celebrate them in a special way.

3. Collect soda can tabs to donate to Ronald McDonald House for sick children and their families. The charity gets paid for these.

4. Leave some change at a vending machine with a nice note for the next person to get a free snack.

5. Donate new pajamas for foster kids.

6. Decorate nursing home or hospital rooms, with permission of the facility.

7. Thank a U.S. military veteran for their sacrifice and service to our nation by taking them out for a coffee and good conversation.

8. Donate to Wounded Warrior Project or an organization that assists homeless veterans in your community. The National Coalition for Homeless Veterans can help you locate an organization in your community.

9. Give up your seat on the bus or train to an elderly person, pregnant mother or someone carrying a lot.

10. Run a blanket or coat drive at school and donate the items you collect to a local shelter to use during the colder months.

11. Adopt a local nonprofit organization that you love, like an animal shelter, and pledge to support them or volunteer with them four times a year, (e.g., donate pet food.)