I Graduated...

but I don't want to go to Grad School

First of all....You HAVE skills!

- Analytic reasoning and problem-solving skills
- research skills: collecting and analyzing data
- The ability to think critically
- Oral and written communication skills
- Global and multicultural awareness
- The ability to interact effectively in diverse teams
- A sense of social responsibility
- You (will) have <u>a degree</u>

Top 10 Jobs in Psychology

With a Bachelors Degree

Top 10

- 1. Sales Representative
- 2. Advertising Agent
- 3. Psychiatric Technician
- 4. Probation and Parole Officers
- 5. Writers
- 6. Market Researcher
- 7. Child Care Worker
- 8. Laboratory Assistant
- 9. Social Service Specialist
- 10. Teacher

1. Sales Representative

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Undergraduate psychology programs help students acquire a wide range of interpersonal skills, which can then be put to use in a number of different sales and marketing positions. Employers value skills such as the ability to speak well and communicate effectively. If you are interested in working in this field, take classes that will improve your understanding of people and human behavior. Courses in social psychology, personality, and communications can be especially beneficial.

Median Pay(2012)- \$57,870

- 1. Sales Representative
- 2. Advertising Agent
- 3. Psychiatric Technician
- 4. Probation and Parole Officers
- 5. Writers
- 6. Market Researcher
- 7. Child Care Worker
- 8. Laboratory Assistant
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- 10. Teacher

Careers in this field often involve researching the target audience for a product or message and developing advertising materials based on this research. If you are interested in a career in this field, look for ways that you can gain practical experience now. Internships are an excellent way to get experience, find professional mentors, and build networking relationships in your chosen field.

Median Pay(2012)- \$46,290

- 1. Sales Representative
- 2. Advertising Agent
- 3. Psychiatric Technician
- 4. Probation and Parole Officers
- 5. Writers
- 6. Market Researcher
- 7. Child Care Worker
- 8. Laboratory Assistant
- 9. Social Service Specialist
- 10. Teacher

A few potential job titles in this area include psychiatric technicians, mental health technicians, and social work assistants. In most cases, these individuals work directly under the supervision and guidance of a licensed clinical psychologist or social worker. Job duties involve helping patients with basic daily needs, teaching life skills, conducting applied therapy sessions, and performing related case management tasks.

Median Pay(2012)- \$27,440

Psychiatric Technician

Psychiatric technicians help mentally or emotionally impaired patients cope with everyday life, often in the setting of state hospitals, prison medical centers, private mental health facilities, or in regulated group homes. They help implement a physician's care plan by taking histories and vital signs, administering medications, observing the patients, and documenting their care. They assist patients in participating in recreational and social therapy sessions and in matters of personal hygiene.

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- 10. Teacher

If you are interested in working in the field of criminal justice, you might want to consider a career as a probation or parole officer. Typically hired by local or state governments, probation and parole officers work directly with individuals who have been convicted of criminal offenses. These professionals supervise offenders at home, work, and school settings to track behaviors, make recommendations to the courts, and coordinate with drug treatment professionals or therapists.

Median Pay(2012)- \$48,190

Probation and Parole Officers

BASIC PURPOSE:

Positions in this job family are responsible for performing routine professional social service and law enforcement duties in the areas of assessment of criminogenic need, transition plan design, treatment referral and on going monitoring of offender behavior. Supervision services are provided in the community for probationers, parolees and inmates in re-entry programs for the purpose of increasing public safety through the reduction of future criminal behavior.

Probation and Parole Officer

TYPICAL FUNCTIONS:

The functions within this job family will vary by level, but may include the following:

- Manages a caseload of adult felons by employing motivational interviewing skills to complete a scientific assessment of criminogenic risk/need and to determine the offender's stage of change for each identified need area; criminogenic needs of each offender; referring offenders to appropriate treatment and/or programs to target the offender's primary criminogenic needs; monitoring activities of offenders to ensure adherence to action steps negotiated through transition planning and to conditions ordered by releasing authority; assisting offenders in obtaining and maintaining employment; engaging on-going support for the offender in the community by assisting the offender in identifying a network of family and friends with a pro-social orientation; and identifying pro-social interests and activities that are geared toward improving bonds and ties to pro-social community members.
- Conducts various investigations including, but not limited to, pre-sentence, interstate, pre-pardon and pre-parole.
- Prepare reports concerning activities of offenders and provide recommendations for the use of the releasing authority.
- Maintain documentation, physical and electronic, relating to management of offender caseload.
- Monitor payment of financial obligations ordered by the releasing authority; collect and document offender payments.
- Assists in security operations in the event of a prison riot or disturbance; and arrests and transports offenders when required.
- Conduct periodic screening for drug and alcohol use by offenders.

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Earning a bachelor's degree in psychology generally requires a great deal of writing. After graduation, put those communication skills to work in a writing-related career. Some potential job titles in this area include technical writers, advertising copywriters, and newspaper reporters.

Median Pay(2012)- \$55,940

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People working in the field of market research perform a variety of tasks, including conducting interviews, performing opinion polls, collecting data, and interpreting results. A bachelor's degree in psychology prepares students for work in this field by training graduates in statistical and scientific methodologies.

Median Pay(2012)- \$60,300

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One way to work directly in psychology is to become a partial care worker in a mental health setting. Other options include working in a daycare or after-school program, or even opening up your own child care center.

Median Pay(2012)- \$19,510

- 1. Sales Representative
- 2. Advertising Agent
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- 5. Writers
- 6. Market Researcher
- 7. Child Care Worker
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- 9. Social Service Specialist
- 10. Teacher

Some settings that might employ psychology lab assistants include university psychology programs, government agencies, and businesses that study human behavior.

Great for students interested in experimental psychology and/or research!

Median Pay(2012)- \$47,820

- 1. Sales Representative
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- 3. Psychiatric Technician
- 4. Probation and Parole Officers
- 5. Writers
- 6. Market Researcher
- 7. Child Care Worker
- 8. Laboratory Assistant
- 9. Social Service Specialist
- 10. Teacher

These positions might entail helping individuals locate psychological resources in their community, providing counseling services directly to clients and other types of case management services.

Mean Annual Wage- \$42,690

Social Service Specialist

Typically working under the supervision of a program director, director of social services, social worker, or similar title, community and social services specialists help facilitate the delivery of services and support to individuals and clients.

- Assist in providing client services in a wide variety of fields (Psychology, rehabilitation, or social work, including support for families)
- May assist clients in identifying and obtaining available benefits and social and community services.
- May assist social workers with developing, organizing, and conducting programs to prevent and resolve problems relevant to substance abuse, human relationships, rehabilitation, or dependent care.
- Providing physical and psychosocial care to individuals in specialized day care settings
- Interviewing clients and gathering information to determine eligibility for social assistance under public social services programs
- Running errands for senior citizens.
- Making referrals for additional services.
- May organize youth activities such as field trips, tutoring, and mentoring, and drug prevention programs.
- May also help clients locate safe housing, healthcare providers, and obtain specialized assistance need to live a full and productive life.

Community and social service specialists may be required to work flexible schedules, including evenings and weekends. They often work 40-hour weeks, but may work part-time. Traveling to client homes, hospitals and other locations is typical.

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10. Teacher

If you already hold a bachelor's degree in psychology, you might be able to enroll at an accredited teacher education program in order to earn a teaching certificate in your state. Also you can be a teacher at a private school without credentials.

Average Starting Salary- \$36,141

Average Starting Salary in CA (2012-2013)-\$41,259

Other Job Options

• Behavioral Therapist/Behavioral Skills Therapist (ABA)

Description: The main goal of behavior therapy is to diminish unhealthy thoughts and behaviors by equipping patients with the mental tools to make better choices. Behavioral Skills Therapists use principles of behavior modification and scientifically validated approaches to understanding behavior and the environment to bring about positive changes in behavior. These techniques are customized to work with the client's skills, needs, interests, preferences, and family situation. Behavioral Skills Therapists often work with children with autism and related developmental disorders.

Median annual wage (2012) - \$41,090

TIP: Easter Seals often hire bachelors level clinicians

• Child Life Specialist

Description: Trained professionals who help children and their families overcome life's challenges, most often in health care and hospital settings.

• Residential Counselor/Assistant

Description: Under a supervisor, a residential counselor is responsible for creating a safe and caring environment for residents (usually children or youth) so that they can work towards stabilization. Responsibilities include keeping case records, crisis intervention, and participating in mandatory meetings and trainings. Work in group home or shelter settings.

* Desert Mountain Children's Center in the High Desert hires bachelors level clinicians to run groups and do assessments. They pay well, benefits are good, plus a great way to gain clinical experience. You can apply for positions at this organization via www.edjoin.edu. Must look under "San Bernardino County Superintendent of Schools" to view positions. Position title is Intervention Specialist

Other Job Options

• Health Educators/Community Health Workers

Description: Health educators teach people about behaviors that promote wellness. They develop and implement strategies to improve the health of individuals and communities. Community health workers collect data and discuss health concerns with members of specific populations or communities.

Median annual wage (2012) - \$48,790

I am a tiny potato

And I believe in you



YOU CAN DO THE THING

Top Jobs in Sociology

With a Bachelors Degree

TABLE 1: OCCUPATIONAL CATEGORIES OF SOCIOLOGY BACCALAUREATES BY JOB STATUS

OCCUPATION	INTERNSHIP	PART-TIME (>35 Hours)	FULL TIME (35 hours or more)
Social Services, Counselors, Psychologists	54.8%	17.5%	26.5%
Clerical/administrative support	4.8%	12.5%	15.8%
Management	2.4%	5.8%	14.4%
Teachers, Librarians	4.8%	18.3%	8.1%
Services	0%	18.3%	8.3%
Sales, Marketing	0%	10.8%	10.1%
Social Science, Researchers	23.8%	12.5%	5.7%
Others	7.1%	2.5%	4.4%
Other Professionals (includes PR and IT)	2.4%	1.7%	6.8%
TOTAL	100%	100%	100%

Source: ASA Research and Development Department, What Can I Do With a Bachelor's Degree in Sociology? Wave I and Wave II

FIGURE 3: SATISFACTION WITH THE SOCIOLOGY MAJOR AS A SENIOR AND A 1-2 YEARS LATER (in Percents) 71.6 Very Satisfied 52.2 Somewhat 27.4 **Satisfied** 41.0 Not at all **Satisfied** Wave 1 6.0 Wave 2 0 10 20 30 40 50 60 70 80

- 1. NPO Coordinator
- 2. Human Resources
- 3. Director of Resource Development
- 4. Program Analyst
- 5. Employment Specialist

1. NPO Coordinator

- 2. Human Resources
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\$27k - \$45K

The Robert Jones Memorial (RJM) Shelter in West Harlem seeks to provide support, shelter, and community for men who have fallen through the cracks of our city's homelessness programs. Some are immigrants whose status prevents them from seeking assistance, while others are seasonal workers who are saving for a permanent home. Our small shelter provides a "family" environment for men to sleep at night while they work towards securing more long-term housing.

- 1. NPO Coordinator
- 2. Human Resources
- 3. Director of Resource Development
- 4. Program Analyst
- 5. Employment Specialist

\$40k - 78k

Cystic Fibrosis Foundation (CFF) is seeking a highly motivated individual to join its Human Resources Department. The HR Coordinator will be responsible for supporting the HR team with recruiting, benefits and other HR projects. Assistance with the recruiting process will include checking references, processing employment verifications, gathering new hire paperwork, processing personnel action forms and entering data into the HRIS database. Other duties include new hire orientation, responding to employee inquiries related to benefits and polices, creating and maintaining personnel files, issuing keys and ID badges.

- 1. NPO Coordinator
- 2. Human Resources
- 3. Director of Resource Development
- 4. Program Analyst
- 5. Employment Specialist

~\$49K

We are seeking an enthusiastic self-starting **Director of Resource Development** who is able to work well in a collaborative environment to research, cultivate and maintain public and private funding opportunities consistent with our agency mission and services; develop, write, and edit compelling proposals, managing the grant process

- 1. NPO Coordinator
- 2. Human Resources
- 3. Director of Resource Development
- 4. Program Analyst
- 5. Employment Specialist

\$61K

The Office of Police Complaints Program Coordinator is responsible for coordinating several critical OPC programs, including the agency's mediation, conciliation, and complaint examination program. The OPC Program Coordinator will also maintain the agency's databases of requested police records and disciplinary actions, and provide analysis of citizen complaint trends. The ideal candidate will coordinate and conduct alternative dispute resolution (ADR) conciliation sessions between police officers and complainants.

- 1. NPO Coordinator
- 2. Human Resources
- 3. Director of Resource Development
- 4. Program Analyst
- 5. Employment Specialist

\$25K - \$45K

Homes for the Homeless' mission is to provide homeless families with the opportunities and support necessary to move out of shelter and live independently. To assist adults in obtaining employment, Homes for the Homeless provides an onsite employment training program at its four American Family Inns. The program seeks to provide participants with vocational training, job placement assistance, personal development support and retention services, to insure their successful transition to work.

Other Job Options

Probation Officer

Description: Probation Officers manage offenders in order to protect the public and reduce the incidence of re-offending. They work with offenders in custody, those released from prison on license and those serving community-based sentences.

Median annual wage (2012) - \$48,190

• Parole Officer

Description: Parole Officers are in charge of offenders who have done time in prison and have been released, but need to follow specific rules. Parole Officers can work at the federal, state, or city level.

Median annual wage (2012) - \$48,190

• Police Officer

Requirements for becoming a Police Officer vary.

• <u>Case Management</u>

Description: Case Management is the coordination of services on behalf of an individual person who may be considered a case in different settings such as health care, nursing, rehabilitation, social work, disability insurance, employment, and law.

Median annual wage - \$71,557

Jobs With a BA

• High School Teacher

Description: Prepares lesson plans and instructs adolescents. Evaluates and monitors student's performance. Requires a bachelor's degree and 2-4 years of experience in the field or in a related area. Some states require that teachers be certified. Familiar with standard concepts, practices, and procedures within a particular field.

Median annual wage (2013) - \$55,360

• Substitute Teacher

Description: A substitute employee is one hired with the understanding that his/her association with a school district will be on a substitute basis, as needed, because of the absence of a permanent or probationary employee. Job involves instruction, supervision and training of individuals or groups of students with a wide variety of needs in a regular and/or special education setting. Job activities include instruction of students in a variety of educational environments including classrooms, learning centers, vocational programs, the community and/or other institutional facilities.

Median annual wage (2013) - \$25,830

• Market Research Analyst

Description: Study market conditions to examine potential sales of a product or service. They help companies understand what products people want, who will buy them, and at what price.

Median annual wage (2012) - \$60,300

• Paralegal/Legal Assistant

Description: Perform a variety of tasks to support lawyers, including maintaining and organizing files, conducting legal research, and drafting documents. Can work for law firms, corporate legal departments, and government agencies.

Median annual wage (2012) - \$46,990

• <u>Peacecorps</u>

o http://www.peacecorps.gov/

• Americorps

• http://www.nationalservice.gov/programs/americorps

• Nonprofit Work

Erin Stanley, 24

Lafayette College

Case Manager, ValueOptions

Tempe, Arizona

Works for an outpatient behavioral health clinic. She manages a caseload of about 40 people diagnosed as seriously mentally ill.

"My priorities are ensuring that my caseload is coming in for appointments with the prescriber, that they are able to attend counseling if they want it, and that they take meds as prescribed. If I have people inpatient or incarcerated, I have to visit them. And I have a lot of meetings with residential staff for people who need supervision."

Rachel Shasha, 24

University of California, Los Angeles

Personal Trainer and Group Fitness Instructor, Equinox and Crunch Fitness Clubs

West Hollywood

She worked on several research projects on issues like obesity and eating disorders. Now she's a personal trainer and group fitness instructor at two fitness clubs. In her work, Shasha taps her psychology knowledge not only to motivate clients but also to watch for trouble.

"Knowing about different psychological disorders helps me train when dealing with clients who are obsessive about exercise or their diet or who express signs of depression or an eating disorder," says Shasha. "Although I can't diagnose anything, I can use what I've learned to be cognizant of when a problem is predominant enough for me to suggest professional help."

Karla Car

Direct Staff

 Take people into the community & help them with their social skills

House Support

- Helped client with Schizophrenia
- Worked 27 hours a week
- Paid \$13 an hour

Project Sister

- 18 hours a month
- On call during certain time slots
- Hospital accompaniments
- Survivor advocate

WrapAround in San Diego

- Help kids/teens who are at risk & do interventions with families and the community
- Started at \$14

Case manager: Drug Addicts

Case manager: 18 and over with mental

disabilities

- help find them jobs in the community
- Started at \$18

ABA Therapist (Applied Behavioral Analysis)

- Work with kids with autism at their homes
- Provide therapy
- 32 hours a week
- Started at \$21

Nicole Goolsby, 28

University of La Verne (BA in Psychology)

South Coast Community Services: Family Specialist - Non-Profit

Various Areas throughout California (Colton, Rancho Cucamonga, Bakersfield, Fresno, Joshua Tree, San Diego etc.)

Therapeutic Behavioral Services provide help and support to children, youth, and young adults. Normally you work under the guide of a Clinical Psychologist and this job is a service that provides "case management". This job requires you to work directly with the children/youth in their home environment (in most cases). Gather/Record behavioral data, help the Clinical Psychologist diagnose and treat.

Requirement - Bachelors in Psychology, Social Work, or a related field

Preferred - Bilingual speakers, any experience is helpful

Where do I look?

- Career Center (free services up to a year after graduation)
- Craigslist.com
- Indeed.com (jobs and internships)
- www.edjoin.edu
- LinkedIn (Networking)
- American Sociology Association
 - http://www.asanet.org/employment/factsoncareers.cfm
- http://www.psychologydegree411.com/
- https://www.mhsinc.org/ (jobs and internships)
- http://whatcanidowiththismajor.com
- https://www.usajobs.gov

Tips and Tricks

- Keep in contact with professors
- Per Diem (per day) positions can be an effective way to get your foot in the door. These unscheduled, as-needed-only positions can provide opportunities to gain experience and build professional relationships
- Continue to attend conferences and workshops
- Network and build professional connections
- Informational interviews
- Be proactive about dispelling myths about Psy/Soc Jobs.
- Expand your keywords when searching (eg. Human Services)

Websites Used

- http://www.bls.gov/audience/jobseekers.htm
- http://soa.illinoisstate.edu/sociology/careers.shtml
- http://psychology.about.com/od/careersinpsychology/tp/bachelors-psychology-careers.
- http://www.psychologydegree411.com/careers/
- http://career-advice.monster.com/job-search/company-industry-research/career-options-psychology-degree/article.aspx
- http://jobs.salary.com/
- http://www.stvincent.
 edu/Majors_and_Programs/Majors_and_Programs/Psychology/What_Can_I_Do_With_ This_Major_/
- http://www.floridatechonline.com/resources/psychology/community-and-social-service-specialist-career-and-salary-profile/#.VO5xw_nF98E
- https://www.autismspeaks.org/what-autism/treatment/applied-behavior-analysis-aba
- http://www.childlife.org/
- http://www.mymajors.com/career/social-service-specialist/
 - http://www.ok.gov/opm/ifd/i.enoce/i40.htm



motivational penguin

chibird