Information Session for the Online Master of Science in Dietetics

Department of Nutrition and Food Science,
DB Huntley College of Agriculture and the College of Professional and Global Education

WSCUC Western Senior College and University Commission Accredited in Summer 2021
The Online MS Program in Dietetics is…

• A 100% online asynchronous thesis-based program
  • Except for mutually arranged supervisory/research classes (or perhaps some group projects)
• Courses are completed in two years
• All faculty have graduate degrees
  • Those that teach the nutrition courses are Registered Dietitians/Registered Dietitian Nutritionists with + years of experience
• “Learn by doing” motto
Our Mission

• The Master’s of Science in Dietetics Mission is “To prepare students to acquire Dietetic skills and pursue careers in hospitals, food service operations, community nutrition programs, teaching, research, or industry, by offering a curriculum including principles and applications.”
  • A Registered Dietitian/Dietitian Nutritionist with a master’s degree is often hired and promoted to management, research and specialized clinical positions.

• Our students will advance the science and practice of Dietetics, by integrating science and research into practice, demonstrate cultural competence as well as leadership skills and communications skills that are important in a healthcare team in an online curriculum and which is taught by qualified Nutrition and Food Science faculty professionals.
Importance of offering this program

• Many students are non-traditional.
  • Online MS program allows the flexibility that these students require.
• On January 1, 2024 Accreditation Council for Education in Nutrition and Dietetics (ACEND) will require a Master’s degree to take the RDN exam.
  • Thus, the Dietetics profession will move to the Master’s level in 2024
We Cultivate Success…

• We cultivate success through a diverse culture of experiential learning, discovery, and innovation.
  • Six of your instructors perform research/are experts in student success

• We demonstrate academic quality, relevance, and excellence through our teaching, learning, scholarship, and creative activities with student-centered faculty in an evidence-based culture.

• We are committed to being the model for an inclusive polytechnic university that inspires creativity and innovation, embraces local and global challenges, and transforms lives.
Program Requirements

• 1) Bachelor’s degree from a regionally accredited college/university or have completed equivalent academic preparation-determined by campus authority

• 2) Submitted a DPD Verification Statement (VS)(or Intent to Complete form) from an accredited university that has been approved by ACEND and current good standing
  • Or completion of all prerequisites (may require additional fees for determination)
    • Before classes start, we will need your VS and a final transcript

• 3) GPA 3.0 or higher (GPA of least 2.5 or higher in the last 60 semester/90 qtr units attempted); and have been in good standing at the last college attended. We do not require the GRE.

• 4) Submit Application, personal statement, VS, and transcripts through Cal State Apply
Applying to the program

• Applications are now being accepted! More information at: https://www.cpp.edu/ceu/degree-programs/dietetics/admissions.shtml

• Apply here: https://www2.calstate.edu/apply

• Cost is ~ 30K

• Only twenty-five students will be accepted into each cohort

• Students with verification statements will be given priority

• If you have any additional questions, send an email to Alis Zakarian azakarian@cpp.edu or Bburnswitmo@cpp.edu (Dr. Burns-Whitmore)

• If you have questions about eligibility, include your resume and unofficial transcripts.
Graduation Requirements

- Complete all required classes with a B- or higher grade
- Complete a Culminating activity*
- *If thesis:
  - Choose a research committee and chair
  - Design research
  - Obtain IRB approval (if needed)

- Perform Thesis based research
  - Write up thesis + Submit thesis to committee + Submit thesis to library for review (2x) + *Defend the thesis + *Upload the thesis to CPP Library

- *NEW! This Fall (2023) we now have an Exam based track:
  - Take Qualitative Research I (your second Fall) and II + take a *Comprehensive exam in Spring).
Curriculum Design (1 of 2)

• The curriculum design is based on the requirements of both
  • The CSU Graduate Program requirements and
  • ACEND in their “Future Education Model Accreditation Standards”.

• The pedagogy of learning essential concepts is imparted in two major ways.
  • Includes utilizing different strategies to teach and learn.
  • Course objectives include assessment of student learning that determine if a student “knows”, “shows” and “does” (as defined by ACEND) in professional practice.
Curriculum Design (2of 2)

• Additionally, the pedagogy of online instruction is unique in that the working student or professional healthcare worker (RD/RDN, RN, DTR/NDTR etc.) can study, learn and “do” during those hours/days that are most convenient for them.

• We use the “Quality Matters” format for the universally accessible online materials such as voice-over PowerPoint lectures, audio and video lectures and presentations, captioned pictures and videos as well as word documents.
<table>
<thead>
<tr>
<th>Curriculum-Fall 2023-Cohort 3</th>
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<tbody>
<tr>
<td><strong>Fall-Term 2023</strong></td>
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<tr>
<td>NTR 5100 Nutrition Research Methods</td>
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<td>NTR 5360 Advanced Nutrition in the Life Cycle-I</td>
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<td>NTR 5200 Statistics</td>
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<td>NTR 6940 Thesis Research*</td>
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<td><strong>Spring-Term 2024</strong></td>
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<td>NTR 5325 Food Science and Safety</td>
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<td>NTR 5446 Advanced Nutrition Education and Counseling</td>
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<td>NTR 6425 Nutrition and Food Management</td>
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<td>NTR 6940 Thesis Research*</td>
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<td><strong>Summer Term -2024 and in 2025</strong></td>
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<td>NTR 6940 Thesis Research? *special permission</td>
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<td>NTR 5620 Integrated Nutritional and Functional Medicine Nutrition (elective)</td>
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<td><strong>Fall-Term 2024</strong></td>
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<td>NTR 6940 Thesis Research*</td>
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<td>NTR 5430 Advanced Medical Nutrition I</td>
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<td>NTR 5460 Obesity and Chronic Disease (elective)</td>
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<td>NTR 6954 Qualitative Research I</td>
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<td><strong>Spring-Term 2025</strong></td>
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<td>NTR 6446 Community Nutrition</td>
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<td>NTR 5440 Advanced Medical Nutrition II</td>
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<td>NTR 6940 Thesis Research */NTR 6960 Thesis Defense</td>
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<td>NTR 6360 Advanced Nutrition Lifecycle II-Pediatrics (elective)</td>
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<td>NTR 6955 Qualitative Research II</td>
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<td>NTR 6970-Comprehensive Exam</td>
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What can you expect from the program? (1 of 2)

• Up to twenty-five students are in each cohort (small classes)
• Students with PostBac credit can apply 9 units towards elective credits.
• The projects, assignments and discussions offered in the online classes are designed to promote student discovery and application of learned skills and knowledge (creativity), enhance student learning, skill development, and success.
• **Our CPP mottos is “learn-by-doing”**
  • In the Online MS in Dietetics we have integrated the “learn-by-doing” philosophy into each class by providing learning activities, research assignments, projects, and discussions
What can you expect from the program? (2 of 2)

• We cultivate student success by exposing students to experiential learning activities, such as working with individuals and groups from diverse cultures that have various health issues and help those individuals make positive lifestyle changes.

• Our program will engage you not only in the class, but also within your community, all while promoting the ethics of the RDN profession, which also includes social and environmental responsibility to others as well as to the profession.
How Do I Participate in Class and How Much Time Should I Set Aside?

• The minimum participation requirement is approximately 3-hours of work per week for every credit hour of the course.
  • For example-a 3-unit course is roughly 9 hours per week, which includes class participation and online course lectures.

• Students will participate asynchronously online for discussions and watching/reading the course lectures for a minimum of 2 hours per week.

• At the master’s level, in the CSU students are expected to participate in online discussions, timely submission of assignments, projects and theses.
There are some very important (and useful) links that you will be using:

- **Duo Mobile** (2-step process to obtain access to CPP)
  - [https://www.cpp.edu/it/2step/index.shtml](https://www.cpp.edu/it/2step/index.shtml)

- **MyCPP** (requires Bronco ID, password to login)-has a lot of helpful information and access
  - [https://my.cpp.edu/uPortal/f/home/normal/render.uP](https://my.cpp.edu/uPortal/f/home/normal/render.uP)
  - Will require you to have Duo Mobile

- **Bronco Direct** (requires Bronco ID, password to Login)-can use this for grades, information about registration
  - [https://www.cpp.edu/broncodirect/index.shtml](https://www.cpp.edu/broncodirect/index.shtml)

- **Canvas** Access-this is our learning platform (very similar to Blackboard)
  - [https://www.cpp.edu/canvas/index.shtml](https://www.cpp.edu/canvas/index.shtml)

- **Graduate Student Handbook** (will be updated soon to 2022-2023)
Our CPP Library

• Library resources are used in a variety of ways by both the instructor and learner.
  • The instructor will obtain and post peer-reviewed journal articles for teaching purposes—to reference changes in medical nutrition therapies, and obtain case studies in Canvas for student use.
  • Student learners will utilize library resources for research papers, critically evaluate case studies (using medical and nutrition journals for best practices), assigned readings as well as for their thesis in composition of the Literature Review (a component of the thesis) and for class assignments.
• The library contains many journal subscriptions that our students use on a regular basis.
  • Most are available online. Some can be ordered from participating libraries.
  • Students are able to order up to 10 journal articles/books per year that are not in our library (Inter-library Loan or Document Delivery)
Our Expert Faculty

• Our faculty have been trained in online teaching and pedagogy.
  • Some hold credentials in those online areas (Look for ACUE or Quality Matters in their E-mail signatures)

• We focus on active learning:
  • Discussions with asynchronous lectures, audio and video lectures, and hands-on “learning by doing” assignments, short lectures/readings with student interactions and collaborations, small class size

• We understand the importance of being accessible to students:
  • We use different types of interactive and multi-media assignments and projects (including case studies, PPT voice-overs, and You-Tube videos made or used by students).

• We attend faculty learning workshops and trainings on a regular basis

• Your CPP instructors perform research on a regular basis/or are experts in their fields…
Meet Our Expert Faculty

The majority of the faculty teach classes in our Nutrition and Food Science Department, and all nutrition classes are taught by RDs/RDNs. All hold advanced graduate degrees/All have online teaching experience.

Dr. Bonny Burns-Whitmore
RD, MCHES®
Program Director/ Faculty

Dr. Kellene Isom
RD, Faculty

Dr. Emily Kiresich
RDN, DPD Director, Faculty

Dr. Xu Yang
(FST), Faculty

Dr. David Edens
Faculty

Dr. Aleida Gordon
RD, Lecturer

Rachel Flores
RD, DI Director and Lecturer
Meet Our Expert Faculty…

The majority of the faculty teach classes in our Nutrition and Food Science Department, and all nutrition classes are taught by RDs/RDNs. All hold advanced graduate degrees/All have online teaching experience.

Dr. Fatheema Subhan
RDN, Faculty

Dr. Sangeeta Shrivastava
RD, Lecturer

Dr. Golandam (Golie) Khayef
RDN, Lecturer

Hilary Wu
RD, Lecturer

Dr. Erik Froyen
Faculty

Jasmine Ilkay, MBA, MPH, RD Lecturer
What You Can Expect to Gain/Learn/Receive

• Best practices in nutrition/dietetics
  • Quality Matters® formatting
  • Develop advanced expertise
  • Develop advanced skills in health promotion and disease prevention

• Access to student services
  • Office of Financial Aid
  • CPP Career Center
  • Handshake
  • eHelp

• Academic advising and support
• Course content available 24/7
• Apply the research process to a thesis
Questions?

For more information, please contact:
Dr. Bonny Burns-Whitmore, RD, MCHES®
bburnswhitmo@cpp.edu
Or
Alis Zakarian at azakarian@cpp.edu