

**LifeMatters EAP and Work/Life Services
Confidential Help**

For you and members of your immediate family for problems affecting your well-being including, but not limited to:

- Depression/anxiety
- Marital and family problems
- Job-related concerns
- Education/adoption resources
- Grief and loss
- Financial/legal worries
- Alcohol/drug abuse
- Child/elder care issues

1-800-367-7474 • 24 Hours

mylifematters.com • Company Password: pomona