

IMMUNIZATION HELP

Before calling or sending an email regarding immunizations, please check here first for some of the most common questions asked that may be helpful to you.

Q: I received a message that I need to meet immunization requirements, what does that mean?

The CSU follows the same legislation that applies to students in Kindergarten-12th grade. It is possible that you met most of the requirements already if you attended a California public school and are up to date on all your childhood vaccinations. We need proof of each of the required immunizations listed in your health portal and other digital documents will need to be completed in the same site. Log in to MyHealthPortal (<https://myhealthportal.cpp.edu/confirm.aspx>) this is where you will enter vaccine dates and upload your digital documents to be verified by our staff.

Q: Where do I upload my immunization records?

<https://myhealthportal.cpp.edu/confirm.aspx> ONLINE only submissions will be accepted, NO email, paper copies brought into the health center or mail submissions will be accepted. Please be sure the files are in PDF, gif, jpg, png. There is a 4MB size limit per file. You can upload multiple files.

Q: When is all my immunization information due?

Students should start gathering and submitting information via MyHealthPortal as soon as possible. If vaccinations are necessary, some can take months to complete and making appointments can also take time. Act early to avoid any delay to your registration process from non-compliance.

Q: I logged into my Health Portal, where do I start the steps to input immunization dates and complete the TB screening questionnaire?

Have your immunization records with you to input dates and name of vaccines. Once you submit your birth date, on the left there is a tab titled "MEDICAL CLEARANCES" click there to start taking the steps needed to update your immunization history and access the TB Screening questionnaire. Please do not ONLY upload a picture of your Immunization record, you will need to ALSO input the dates yourself of all required immunizations requested in your "Items Required" list. Uploading your immunization record should be your very last step.

Q: I submitted my immunization information, but it still shows "Not Satisfied" or "No Data", did I do something wrong?

Please allow us 5 business days to look over and verify your information. When you submit and upload, not all information will automatically change to "compliant". Our staff will need to verify the information first. We will be in contact with you if anything further is needed. Check your CPP Bronco email or health portal for messages.

Q: What are the required immunizations that I need to show proof of?

Log in to your health portal first to see the list of your specific requirements. Depending on your age and your answers to the TB screening questionnaire these requirements may differ for each student. **[ALL STUDENTS]** indicates this requirement is for all students regardless of age.

- Varicella(chickenpox)- 2 doses, with first dose on or after 1st birthday **[ALL STUDENTS]** (blood test can be done to show immunity)
- Measles, Mumps, Rubella (MMR)-2 doses with first dose on or after 1st birthday **[ALL STUDENTS]** (blood test can be done to show immunity)
- Hepatitis B-3 doses **[Students 18 and younger]** (blood test can be done to show immunity)
- Meningococcal- 1 dose on or after age 16 **[Students 21 or younger]** (no blood test for this)
- Tdap -1 dose after the age of 7 **[ALL STUDENTS]** (no blood test for this)
- Tuberculosis skin/blood test chest x-ray needs to be done within 1 year of CSU entry. **ALL STUDENTS** need to complete the TB screen questionnaire **FIRST** in your health portal.

Q: What qualifies as an acceptable immunization record?

Each record must have two identifiers (full name and date of birth) plus name of vaccine, date administered **OR** result of titer (blood test). It should be clear they were prepared by a licensed medical provider. Most common forms of proof of immunizations can be found in:

- Your childhood immunization records i.e. “yellow card” or International Certificate of Vaccination
- Immunization records maintained by your primary care physician in either electronic or hard copy
- Your high school transcripts **IF** immunizations are documented
- Lab reports showing proof of immunity by blood titer
- Military immunization record

Q: Does my immunization information automatically get sent to Cal Poly Pomona if I requested it with my transcripts from my previous schools?

NO, we do not accept any immunization information through email, mail or paper drop off. All students must submit their own information through the MyHealthPortal <https://myhealthportal.cpp.edu/confirm.aspx>

Q: I am an International Student, do I still need to submit my immunization requirements?

Yes, the requirements are CSU wide and are for all incoming students including freshman, transfers, some online, and graduate students.

Q: Why do I have to show proof of my immunizations?

There has been an increase in outbreaks of vaccine-preventable illnesses over the past five to ten years, and now many illnesses that we thought were disappearing are returning. Although many of these diseases are considered “mild”, they can cause serious illness and death. Recent outbreaks of measles have resulted in hospitalizations, and new cases of mumps across the country threaten the health and fertility of non-immune students. The diseases targeted by this policy include those that are spread by respiratory transmission, and therefore can pose risk to others attending classes, living in residence halls, using other university facilities or attending university events. The required vaccines and screening reflect recommendations by the California Department of Public Health (CDPH) for Colleges and Universities, the American College Health Association (ACHA), and the CDC Advisory Committee for Immunization Practices.

Q: I had chickenpox when I was younger, do I still need to get the Varicella shot?

NO, if you believe you had the chickenpox disease or the 2 Varicella doses in the past you can call your primary care doctor and ask to have a Varicella titer (blood test) done or make an appointment at the student health center. This will show if you have immunity to the disease. We also accept titer (blood test) to show proof of Hepatitis B (if needed) and Measles, Mumps, Rubella (MMR) requirements if you are unable to find your records.

Q: I had 1 dose of the Meningococcal vaccine, but it was before I was 16 years old, do I need to get another shot?

YES. Proof of 1 dose on or after your 16th birthday is required. This vaccine is usually given at age 11-12 and then a booster at age 16 and over.

Q: I had a TB skin test, blood test or chest x ray over 1 year ago, do I need another one?

Possibly. We ask that you first complete the TB screen questionnaire in your health portal (<https://myhealthportal.cpp.edu/confirm.aspx>), depending on your answers you may or may not need an updated TB skin/blood test. We will contact you if an updated test/result is needed.

Q: I had multiple doses of DTaP before age 7, do I still need a Tdap?

Yes, 1 dose of Tdap is required after age 7. **DTaP** (diphtheria, tetanus, and acellular pertussis) is approved for children under age 7. **Tdap** (combined tetanus, diphtheria and acellular pertussis) which has a reduced dose of the diphtheria and pertussis vaccines, is approved for adolescents starting at age 11 and adults ages 19 to 64. It is often called a booster dose because it boosts the immunity that wanes from vaccines given at ages 4 to 6.

Q: I am not finished with my series of Hepatitis B vaccine, can I still show proof?

YES, if you are in the middle of completing a series, submit proof of the doses you have already received so we can see you are in the process of completion.

Q: I am 18 years old, but will be 19 after school starts, do I still need to show proof or get the Hepatitis B vaccine?

YES, if you are 18 years of age or younger at the start of you entering the academic year (first day of classes), you must complete the series or show that you are in the process of completion. The series must be completed even if you turn 19 after school starts but were 18 before.

Q: I had some or all of my childhood vaccines, but I can't find records, what do I do?

Ask your parent or guardian, they may still have your immunization records. Contact current or previous medical providers, previous schools attended, or VA for your military records.

If you are still unable to get records, you can have a titer(blood test) to show proof of immunity for Varicella(chickenpox), Hepatitis B(students 18 and younger) and Measles, Mumps, Rubella (MMR). Other immunization requirements may need to be redone if you have no proof the vaccine was administered. You can request titers (blood test) and update vaccinations with your primary care provider or at the student health center by appointment only.

Q: I know I had my childhood vaccines, but I don't have my immunization records, what do I do?

If you believe you had all your childhood vaccines, we only need proof you had them and you may not need additional immunizations at this time, this depends on the records you provide and your age. You can do a blood test called a titer if you believe you had your MMR, Varicella and Hepatitis B (students 18 years and younger only) to show if you have protection. You can request this through your primary health care provider or by making an appointment at student health (no walk-in).

Q: Can I request a medical exemption? I do not want to be vaccinated.

Medical exemptions are only for students who are unable to receive vaccines due to health risks. The Medical Exemption form can be found here <https://www.cpp.edu/health/docs/medical-exemption-request-form.pdf>. This form will need to be downloaded and taken to your doctor to be completed, signed and stamped, You will also need to read and sign the bottom portion of this form. Upload to your health portal as "IMMUNIZATION RECORD". Personal/ religious exemptions are not permitted according to the CSU Executive Order 803 revised March 25, 2019. Please be aware, if you request a medical exemption and are not vaccinated for specific diseases, you will not be able to attend school for your own protection in the occurrence of an outbreak, potential epidemic or epidemic of a vaccine-preventable disease until the danger has passed.

Q: I/my family have concerns regarding the safety of vaccines and have chosen not to be vaccinated. Will I be prevented from attending class?

Yes. These immunizations are required as part of your enrollment at CPP. The CDC (Center for Disease Control and Prevention) has identified colleges and universities as higher-risk environments because of the large number of individuals who live, study, and work together in close proximity to each other.

Q: All classes are online due to COVID-19, why do I still need to meet these immunization requirements if I won't be on campus?

Our goal is to have students complete these requirements as soon as possible to be prepared to come back to campus and attend class when deemed safe to do so. We do take into consideration it may not be as easy to get an appointment with your primary care provider for vaccinations or blood work, which is why we extended "due dates" and offer services by appointment only at student health for your convenience.

Q: Are all the requirements only for Cal Poly Pomona University?

NO, these immunizations and screening requirements are CSU wide and are adopted from the California Department of Public Health (CDPH) Immunization & Screening Recommendations for College Students. <https://calstate.policystat.com/policy/6590677/latest/>

Q: What does positive laboratory evidence/titer mean?

Positive laboratory evidence obtained by a blood test called a titer shows you have enough antibodies in your blood to be immune(protected) from certain disease i.e. chickenpox (Varicella), Hepatitis B, MMR (Measles, Mumps, Rubella). If the test is negative (no immunity) or equivocal (not enough immunity), you will need to be vaccinated. This can be done at your primary care doctors office or at the student health center by appointment only.

Q: My records are not in English, can I still submit them?

Our preference is that you provide your immunization records in English. Ask your medical provider to prepare a copy of your records in English. If we cannot interpret your records, you may need to have titers (blood test) done or have vaccines administered. This link may help with some translations <https://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/foreign-products-tables.pdf>

Q: I entered the date I had titer (blood test) done for either MMR, Varicella or Hepatitis B, what do I put in the "Date" and "Vaccine" box?

Disregard those areas. If you had titers (blood test) done for certain requirements we do not need the date doses were given or the name of vaccine.

EX: If you had titers (blood test) done for Varicella enter the lab date and result, disregard the top portion asking for dates and vaccine name. Upload your titer results to be verified when done entering all vaccine dates.

If you had the 2 doses of the Varicella vaccine enter the dates and disregard the bottom portion asking for titer (blood test) date and results. Upload your vaccine record to be verified when done entering all vaccine dates.

Q: I entered the 2 dates for my Varicella/MMR vaccines, but it is asking me for a date for an antibody titer or serology test, what does that mean?

If you have documented proof of the 2 doses of the MMR vaccine and the 2 doses of the Varicella vaccine you do not need to enter information in the serology/ titer box. That is only for students who were unable to find immunization records and had a titer (blood test) done.

If you believe you had the required doses but are unable to find your records and had the titer (blood test) done, disregard the top section where the doses are and only complete the titer/ serology section below by entering the date your lab work was done and results. We only need documented proof of either the actual doses administered OR the titer (blood test), both are not necessary.

Q: I received a message that I need to update some of the required immunizations, where can I have this done?

You can call your primary health care providers office that is covered through your medical insurance, contact local pharmacies that administer vaccines like Costco, CVS, Walgreens or contact CPP Student Health to make an appointment.

Q: What services do student health offer for immunization requirements?

We offer lab and x ray services as well as some vaccinations for all enrolled students. Services are available by **APPOINTMENT ONLY, NO WALK-IN**. Currently, we do not offer the Varicella vaccine. **(PRICES ARE SUBJECT TO CHANGE) Our staff will review cost if any when making your appointment.**

X-ray, no charge, covered in your tuition student health fee

TB skin test, no charge, covered in your tuition student health fee

Tdap vaccine, no charge, covered in your tuition student health fee

Varicella titer (blood test)-\$5

Measles titer (blood test)-\$6

Mumps titer (blood test)-\$10

Rubella titer (blood test)-\$6

Hepatitis B (surface antigen blood test)-\$7

Hepatitis B (surface antibody quantitative blood test) \$6

Meningococcal (Menactra) vaccine-\$142

MMR (Measles, Mumps, Rubella) vaccine-\$86

Hepatitis B adult vaccine-\$52

Hepatitis B pediatric vaccine-\$22

OTHER RESOURCES:

No health insurance?? Here is a link to see a list of local health departments contacts for low cost vaccines and information about other providers in your community

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Local-Health-Department.aspx>

<http://publichealth.lacounty.gov/ip/clinics.htm>

Local pharmacies often offer immunizations for older children and adults (not for infants). Check with the pharmacy and your insurance company about possible costs.

<https://vaccinefinder.org/>

Military veterans can sign in and access this site for immunization history

<https://www.myhealth.va.gov/mhv-portal-web/immunization>

Cal Poly Pomona Student Health and Wellness Services home page

<https://www.cpp.edu/health/index.shtml>

Cal Poly Pomona Student Health Immunizations web page

<https://www.cpp.edu/health/immunizations/index.shtml>

Aid to Translating Foreign Immunization Records

<https://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/foreign-products-tables.pdf>