**CPP Quarantine and Isolation Process**

**10/25/21**

**Confirmed Positive Test – Isolation Procedures**

You are considered to have COVID-19, if you have a positive diagnostic viral (swab or saliva) test for COVID-19 and/or a healthcare provider thinks that you have COVID-19.

1. If you have symptoms, regardless of vaccination status, you are required to isolate until:
   1. At least 10 days have passed since your symptoms first started **and**
   2. Have had no fever for at least 24 hours (without the use of fever-reducing medicine) **and**
   3. Your symptoms have improved.
2. If you tested positive for COVID-19 but never had any symptoms (asymptomatic):
   1. You must isolate for 10 days after the test was taken.
   2. If you develop symptoms, you need to follow the instructions above

<http://publichealth.lacounty.gov/acd/docs/InformationForPatientsWithCOVID19Summary.pdf>

**Close Contact\* Exposure to a Confirmed Positive Case - Quarantine and Testing Procedures**

1. As long as **unvaccinated students and employees** do not develop symptoms they are required to quarantine and may end quarantine either:
   1. **After Day 10 days have passed from their last known contact to the infectious case** (activities may resume on Day 11), OR
   2. **After Day 7 days have passed from their last known contact to the infectious case if they get a test on or after Day 5 and it is negative** (activities my resume on Day 8).The test must be an FDA-approved viral PCR COVID-19 test that is collected and performed in a healthcare setting or certified testing site (as directed by the incident investigation team).
2. **Fully vaccinated students and employees** **without symptoms** with a close contact will not need to quarantine. They may continue to come to campus and participate in in-person activities as long as they are consistently and correctly masked and remain asymptomatic. ​

<http://publichealth.lacounty.gov/acd/docs/InformationForExposedPersonsCOVID19_Summary.pdf>

​**Quarantine exemptions**

The following close contacts are exempt from quarantine provided they remain asymptomatic:

* Persons who are **fully vaccinated.**
* Persons who have recovered from laboratory-confirmed COVID-19 within the last 90 days.
* Even though they do not need to quarantine, they must monitor for symptoms and strictly adhere to COVID-19 precautions for 14 days from their last exposure and test 5-7 days after their last exposure. <http://publichealth.lacounty.gov/acd/ncorona2019/covidquarantine/>

**Symptomatic employees WITHOUT Close Contact Exposure (Regardless of Vaccination Status)**

**If an employee reports new and unexpected symptoms: Fever (at or over 100.4 F or 38C), chills, cough, shortness of breath/difficulty breathing, sore throat, loss of taste or smell, muscle aches or body aches, vomiting or diarrhea they will need to do the following:**

* Isolate until they test **negative via a PCR test** (not a rapid antigen) plus have not had fever for 24 hours without the use of fever-reducing medication.

**Symptomatic students WITHOUT Close Contact Exposure**

**If a student reports new and unexpected symptoms: Fever (at or over 100.4 F or 38C), chills, cough, shortness of breath/difficulty breathing, sore throat, loss of taste or smell, muscle aches or body aches, vomiting or diarrhea they will need to do the following:**

* + **If they live on campus and are fully vaccinated**- Isolate in their current room until they test **negative via a PCR test** (not a rapid antigen) and had no fever for at least 24 hours (without the use of fever-reducing medication). **If they test positive**, they will be moved immediately into an isolation space on campus or given the option to isolate at home if local. Arrangements will be made by housing staff as directed by the Safer Return Incident Investigation Team.
  + **If they live on campus and are NOT fully vaccinated**- Isolate in an isolation space on campus or given the option to isolate at home if local, until they test **negative via a PCR test** (not a rapid antigen) and had no fever for at least 24 hours (without the use of fever-reducing medication). Arrangements will be made by housing staff as directed by the Safer Return Incident Investigation Team.
  + **If they live off campus (regardless of vaccination status)**- Isolate in their residence until they test **negative via a PCR test** (not a rapid antigen) plus have not had fever for 24 hours without the use of fever-reducing medication.

**Definitions**

**Asymptomatic:** Someone who is *asymptomatic* may have the infection but no symptoms.

**Close contact:**  A “close contact” is any of the following people who were exposed to you while you were infectious\*:

1. Any person who was within 6 feet of you for a total of 15 minutes or more over a 24-hour period
2. Any person who had unprotected contact with your body fluids and/or secretions. For example, you coughed or sneezed on them, you shared utensils, a cup, or saliva with them, or they cared for you without wearing appropriate protective equipment.

*\*You are considered to be infectious (you can spread COVID-19 to others) from 2 days before your symptoms first appeared until your home isolation ends. If you tested positive for COVID-19 but never had any symptoms, you are considered to be infectious from 2 days before your test was taken until 10 days after your test.*

**Isolation:**  Separates sick people with a contagious disease from people who are not sick.

**Quarantine:** Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.