From: Safer Return at Cal Poly Pomona

To: Active Students; Faculty; Staff; auxiliary staff

Subject: What You Need to Know for Fall 2022

Date: Wednesday, August 17, 2022 12:46:14 PM



August 17, 2022

News

What You Need to Know for Fall 2022

The start of the new academic year is just one week away. To help you prepare, here's a list of what you need to know.

- Masks are strongly recommended. Masks are a highly effective way to protect
 yourself and others. While masks are not required for most indoor settings, they are
 strongly recommended. The university provides free PPE to students, faculty, staff
 and visitors.
- Report your symptoms and stay home. If you have COVID-like symptoms, had close contact with someone who tested positive, or have a positive test, do not come to campus. Complete the self-reporting form immediately.
- If you test positive, do not come to campus until you have been cleared by the university's Safer Return Incident Investigation Team.
- **Keep your hands clean.** Handwashing is one of the best ways to protect yourself from getting sick. Follow the CDC's tips for key times to wash hands.
- **Get tested.** Free COVID-19 testing is available to students, faculty and staff, Monday through Friday. Weekly testing is required for individuals who are not up to date with their shots.
- **Get vaccinated and boosted.** <u>Vaccines</u> are one of the most effective ways to prevent severe illness and death. The campus is hosting <u>pop-up clinics</u> in August and September.

Free COVID Testing on Campus

All students, faculty and staff can get tested at the Student Health and Wellness Center (Building 46). The COVID-19 tests are free of charge for voluntary testing and required testing. Faculty, staff and students who are not up to date with the vaccines, including individuals with exemptions, are required to test weekly. If you come to campus any time during the week — Sunday through Saturday — you must complete your test by Friday of that week. For more information, visit the <u>Public Health Testing</u> webpage.

Fall Vaccine Clinics

The campus will host pop-up vaccine clinics throughout the fall semester. From Aug 22-24, clinics will be hosted in Sicomoro Hall (Building 73, room 124). Starting Aug. 25, vaccine clinics will be hosted in the Welcome Center (SSB 121, room 1004). The clinics will offer the Pfizer vaccine — first dose, second dose, booster or second booster. Walkins are accepted, but it's recommended to make an appointment. Everyone who gets a vaccine can receive free snacks. Task Force members will also be on hand to answer questions about exemptions and compliance.

CSU Requires Vaccine Booster

All students and employees accessing the campus and university programs are required to be up to date with their COVID-19 vaccines and booster dose(s) when eligible. Check the CDC's Vaccine Matrix to see when you're eligible for a booster.

- 1. **Vaccination:** Many pharmacies offer walk-ins and/or appointments. Or come to one of the campus' pop-up clinics.
- 2. **Upload:** After getting the shot, upload a photo of your vaccine card to MvHealthPortal.
- 3. **Verification:** Verification takes about 3 to 5 business days. Check your verification status in MyHealthPortal by clicking on "Medical Clearances." For technical assistance, email myhealthportal@cpp.edu.

Updated Guidelines for Events

If you're planning an event (large gathering, guest speaker, luncheon, club activity, etc.), be sure to first review the updated <u>Safer Return guidelines</u>. Changes include new guidelines on reservations and pre-event planning, as well as required RSVPs and Health Screenings. Visit the <u>Events page</u> for more details. If you have questions, email <u>events@cpp.edu</u>.

To-Do List

Daily Symptom Check

All students, faculty, staff and visitors coming to campus must assess their personal health and screen for possible signs of illness before coming to campus. If you are experiencing COVID-19 symptoms (fever, chills, cough, shortness of breath, etc.), do not come to campus. Fill out the Self-Reporting Form. If you have questions, email healthscreener@cpp.edu.

Order Free At-Home Rapid Tests

All households in the United States are eligible to <u>order free at-home COVID-19 tests</u>. The packages ship free from the U.S. Postal Service. In addition, there are other sources of free at-home test kits:

- **Medi-Cal**: Ask your pharmacist for free at-home tests with no co-pay. See <u>Medi-Cal</u> instructions for getting free test kits <u>PDF</u>.
- **Medicare:** Bring your red, white and blue Medicare card to a pharmacy to get your free tests. Details at <u>Medicare Covers Over-the-Counter COVID-19 Tests</u>.
- Private insurance: Insurance must pay or reimburse for 8 at-home test kits per month. Ask your insurance company for details. Find out more at <u>How to Get Your</u> At-Home Over-the-Counter COVID-19 Test for Free.

FYI Only

Coming Soon: COVID Tests at Vending Machines

For fall semester, the campus' COVID-19 testing program will transition out of the Student Health Center and move to vending machines in the Bronco Student Center (Bldg. 35) and Secoya Residence Hall (Bldg. 74). The machines in the two locations will offer expanded hours, easier access, and more flexibility for students and employees. The transition date and details on how to access the tests will be announced soon. The testing program will remain unchanged; students and employees may continue to access free COVID-19 tests for required and voluntary testing.

Monkeypox FYI

Cal Poly Pomona is closely monitoring the developments around the monkeypox virus and will provide updates as appropriate. Monkeypox is rarely fatal and does not spread as easily or rapidly as COVID-19. The current risk of getting monkeypox in the general public is very low. To help keep yourself and others safe, please review the monkeypox symptoms and prevention methods issued by the California Department of Public Health (CDPH).

Monkeypox is spread by:

- Close, personal or intimate skin-to-skin or face-to-face contact
- Direct contact with the monkeypox rash, lesions, scabs or body fluids including respiratory secretions from an infected person
- Touching clothing, bedding, towels, objects or surfaces used by someone with monkeypox

Lower your risk of infection by:

- Avoid close contact with people who have a rash or lesions that look like monkeypox
- Avoid contact with objects and materials used by a person with monkeypox
- Wash hands often with soap and water or use alcohol-based hand sanitizer

Students with questions or concerns should contact Student Health at health@cpp.edu. Faculty and staff should contact their healthcare provider.

Polio FYI

Polio is a viral infection that is virtually eliminated in the United States. The CDC is aware of a case of polio in an unvaccinated individual from New York. There is no cure for polio, but it is preventable through safe and effective <u>vaccination</u>. Most cases have no symptoms at all, or they have very mild symptoms, including fever, headache and nausea, which go away after a few days. A minority of cases (about 3% or 4%) may progress and cause meningitis. In less than 1% of cases, polio can cause paralysis. Visit the <u>CDC website</u> for more information. Students with questions or concerns should contact Student Health at <u>health@cpp.edu</u>. Faculty and staff should contact their healthcare provider.

Authorized At-Home Tests

The FDA lists the at-home COVID-19 tests that are authorized by the FDA, information on expiration dates and details on who should use the test. It's a good idea to consult this list before purchasing a test. If you have an expired test, don't throw it away just yet — review this guide because the FDA may have extended the expiration date for that test.

Masks Strongly Recommended

Masks are strongly recommended but not required for indoor settings at Cal Poly Pomona. In specific settings, including health care, masks will continue to be required, such as the Student Health Center, CAPS, vaccine clinic locations, Public Health Testing Site (when not actively testing). The university will continue to provide medical grade-surgical masks and KN95 masks to all students, faculty and staff at no charge. Visit the Face Coverings webpage for best practices for masking and the specific settings where

masks are still required.

Upload Your Vaccine Record

Uploading your vaccine record to MyHealthPortal takes just a few minutes. You'll need a photo or scanned copy of your vaccine card, and a computer or mobile device. Follow these instructions to upload and verify your record. If you are having trouble with the system or have questions, email myhealthportal@cpp.edu.

Visit Cal Poly Pomona's <u>Safer Return website</u> for information about the university's health & safety plan, operations during COVID-19, and roadmap for a phased Safer Return to Campus.

Notification of Potential Workplace Exposure: View university locations of potential workplace exposure to COVID-19. The webpage is updated every business day in compliance with AB 685.

