

**STAY
SAFE**



COVID-19

HOW TO SANITIZE YOUR HANDS

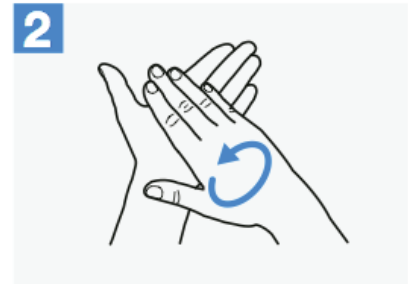
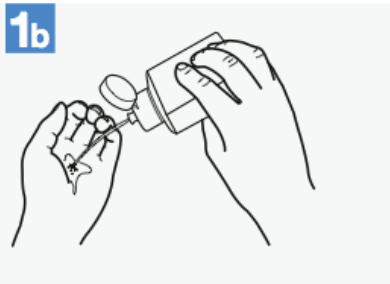
www.cpp.edu/saferreturn

**WASH YOUR HANDS WHEN THEY ARE VISIBLY SOILED!
USE HAND SANITIZER OR SOAP & WATER FOR HAND HYGIENE!**

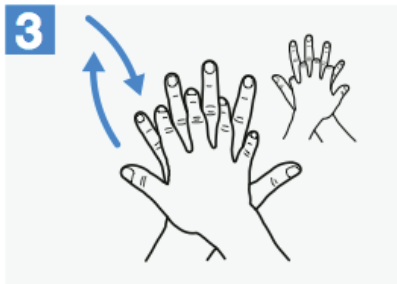
DURATION: 20-30 SECONDS



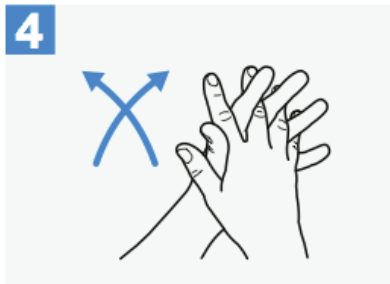
Apply a generous amount of sanitizer in a cupped hand, covering all surfaces



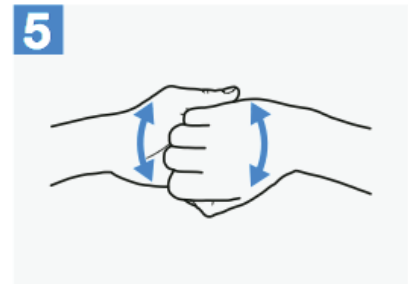
Rub hands palm to palm



Right palm over left hand with interlaced fingers and vice versa



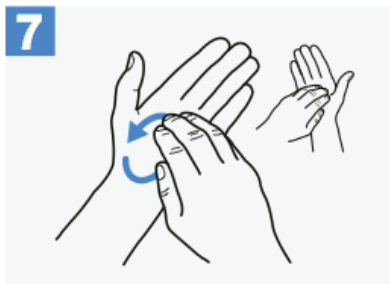
Palm to palm with fingers interlaced



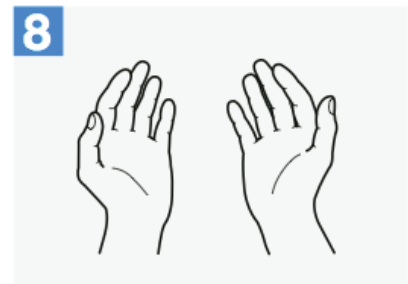
Backs of fingers to opposing palms with fingers interlocked



Rotational rubbing of left thumb clasped in right palm and vice versa



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



Dry hands