Wear Your Face Covering Correctly

- Wash your hands before putting on your face covering
- Put it over your nose and mouth, and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily

**X DON’T**
- Put the face covering around your neck or up on your forehead
- Touch the face covering. If you do, wash your hands or use hand sanitizer to disinfect

Wear a Face Covering to Protect Others

- Wear a face covering that covers your nose and mouth to help protect others in case you’re infected with COVID-19 but don’t have symptoms
- Wear a face covering in public settings when around people who don’t live in your household, especially when it may be difficult for you to stay 6 feet apart
- Wear a face covering correctly for maximum protection
- Don’t put the face covering around your neck or up on your forehead

Don’t touch the face covering. If you do, wash your hands or use hand sanitizer to disinfect