

**KINESIOLOGY AND HEALTH PROMOTION DEPARTMENT**  
**PROJECTED COURSE OFFERINGS: 2026-2027**

(Revised 5/22/2026)

| Course  | Course Title   | Prerequisites                              | Unit | Sem  |
|---------|--|--|------|------|
| 2020    | Introduction to Kinesiology and Health Promotion                     |  | 3    | F/S  |
| 2040/L  | Introduction to Biomechanics/Laboratory                              | BIO 2340/L                                 | 3/1  | F/S  |
| 2050    | Applied Health & Well-Being  |  | 3    | F/S  |
| 2200    | Movement Education for Diverse Populations                           |  | 3    | F/S  |
| 2220    | Introduction to Physical Education Teacher Education (PETE)          |  | 3    | F    |
| 2230    | Standards and Assessment   |  | 3    | F    |
| 2280    | Sport, Race and Social Justice                                       |  | 3    | NA   |
| 2290    | Contemporary Issues in Kinesiology and Health Promotion              |  | 3    | F/S  |
| 2300    | Introduction to Sport and Social Justice                             |  | 3    | NA   |
| 2400    | Foundations of Public Health and Applied Epidemiology                |  | 3    | F'26 |
| 2460/AS | Foundations of Adapted Physical Activity/Activity                    |  | 2/1  | F/S  |
| 2700    | Stress Management for Healthy Living (Old GE only: Area E)           |  | 3    | F/S  |
| 2990/A/ | Special Topic for Lower Division Students                            |  | 1-3  | F/S* |
| 3010    | Foundations of Exercise Science (GE: 5D, Old GE: B5)                 | See catalog                                | 3    | F/S  |
| 3030/L  | Exercise Physiology/Laboratory                                       | BIO 2350/L                                 | 3/1  | F/S  |
| 3100/A  | Elementary Physical Education/Activity                               | KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A | 2/1  | F/S  |
| 3110/A  | Secondary Physical Education - 1/Activity                            | KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A | 2/1  | S    |
| 3120/A  | Secondary Physical Education - 2/Activity                            | KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A | 2/1  | S    |
| 3130/A  | Teaching Aquatics/Activity   | KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A | 1/1  | F    |
| 3140/A  | Outdoor Education and Adapted Games/Activity                         | KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A | 1/1  | S    |
| 3400    | Health Disparities and Social Justice                                | KIN 2400, SOC 2201                         | 3    | S'27 |
| 3460/A  | Applied Adapted Physical Education/Activity                          | KIN 2460/A                                 | 2/2  | F    |
| 3520/A  | Exercise Prescription and Fitness Testing/Activity                   | BIO 2340/L & BIO 2350/L                    | 2/1  | F'27 |
| 3530    | Exercise and Health Behavior Modification (replaces PSY 3326)        | BIO 2350/L                                 | 2/1  | S'27 |
| 3620/A  | Motor Behavior/Activity  | KIN 2040/L or KIN 3030/L                   | 3/1  | F/S  |
| 3650    | Dimensions of the Aging Process                                      |  | 3    | F/S  |
| 3700    | Stress Management: The Science of the Good Life (GE 5D and elective) |  | 3    | F/S  |
| 4000    | Special Study for Upper Division Students (1-3)                      | UD stand                                   | 1-3  | F/S* |
| 4040/L  | Applied Biomechanics/Laboratory                                      | KIN 2040/L                                 | 1/1  | F'26 |
| 4080    | Drugs and Society  |  | 3    | F/S  |
| 4120/L  | Movement Anatomy and Evaluation/Laboratory                           | KIN 2040/L                                 | 2/1  | S'27 |

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|---------|---|--|------|------|
| 4200    | Physical Education Curriculum and Assessment                      | KIN 3100-3140/A and 3460/A                     | 3    | S    |
| 4300    | Philosophical and Ethical Issues in Health and Human Movement     | UD stand                                       | 3    | F/S  |
| 4330/A  | Adapted Physical Education Motor Assessment/Activity              | KIN 3460/A                                     | 2/1  | S    |
| 4410    | Internship in Kinesiology   | UD or Grad standing                            | 2    | F/S  |
| 4430    | Inequality in Sport and Physical Activity (GE: 4C; Old GE: D4)    | See catalog                                    | 3    | F/S  |
| 4450    | Social and Historical Perspectives in Kinesiology                 |  | 3    | F    |
| 4460    | Sport, Media and Social Justice (GE: 4C; Old GE: D4)              | See catalog                                    | 3    | NA   |
| 4490    | Sport, US Culture and Social Justice (GE: 4C; Old GE: D4)         | See catalog                                    | 3    | NA   |
| 4530/A  | Sport Injury and Illness/Activity                                 | Waived   | 2/1  | S'27 |
| 4540    | Exercise Bioenergetics and Metabolism                             | KIN 3030/L                                     | 3    | S    |
| 4550/L  | Principles of Strength and Conditioning/Laboratory                | KIN 3030/L                                     | 2/1  | F    |
| 4560    | Motor Learning and Control  | KIN 2040/L and KIN 3620/A                      | 3    | S'27 |
| 4570    | Sports Psychology   | Junior or Senior Standing                      | 3    | S    |
| 4580    | Exercise Prescription and Fitness Testing for Diverse Populations | KIN 3520/A                                     | 2    | S'28 |
| 4610    | Senior Project  | Senior Standing                                | 3    | F/S* |
| 4620    | Physical Education Teacher Education Capstone                     | KIN 3100-3140/A and 3460/A                     | 2    | S    |
| 4650/A  | Intervention Design and Evaluation/Activity                       | KIN 3600, UD Standing or Consent of Instructor | 2/1  | S'27 |
| 4700    | Emotional Wellbeing and Stress Prevention (GE: 4C; Old GE: D4)    | See catalog                                    | 3    | F/S  |
| 4990/A/ | Special Topic for Upper Division Students                         |  | 1-3  | F/S* |

Kinesiology and Health Promotion Core

PETE Option Core Courses

PETE Option Core and General Option Elective

General Option Core

General Option Electives

General Education

\*Offered as needed. NA course not available this academic year.