

KINESIOLOGY AND HEALTH PROMOTION DEPARTMENT
PROJECTED COURSE OFFERINGS: 2025-2027

(Revised 6/19/2025)

Course	Course Title	Prerequisites	Unit	Sem
2020	Introduction to Kinesiology and Health Promotion		3	F/S
2040/L	Introduction to Biomechanics/Laboratory (previously KIN 3040)	BIO 2340/L	3/1	F/S
2050	Applied Health & Well-Being (for KHP majors)		3	F/S
2070	Health and Well-Being (Old GE only: Area E) (for non-majors only)		3	F/S
2200	Movement Education for Diverse Populations		3	F/S
2220	Introduction to Physical Education Teacher Education (PETE)		3	F
2230	Standards and Assessment		3	F
2280	Sport, Race and Social Justice		3	NA
2290	Contemporary Issues in Kinesiology and Health Promotion		3	F/S
2300	Introduction to Sport and Social Justice		3	F'26
2400	Foundations of Public Health and Applied Epidemiology		3	F'26
2460/AS	Foundations of Adapted Physical Activity/Activity		2/1	F/S
2700	Stress Management for Healthy Living (Old GE only: Area E)		3	F/S
2990/A/	Special Topic for Lower Division Students		1-3	F/S*
3010	Foundations of Exercise Science (GE: 5D, Old GE: B5)	See catalog	3	F/S
3030/L	Exercise Physiology/Laboratory	BIO 2350/L	3/1	F/S
3100/A	Elementary Physical Education/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	2/1	F/S
3110	Secondary Physical Education - 1	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	3	F
3120/A	Secondary Physical Education - 2/Activity	KIN 2220 , KIN 2230, KIN 2460 or KIN 2460/A	2/1	S
3130/A	Teaching Aquatics/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	1/1	F
3140/A	Outdoor Education and Adapted Games/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	1/1	S
3400	Health Disparities and Social Justice	KIN 2400, SOC 2201	3	S'27
3460/A	Applied Adapted Physical Education/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	1/2	F
3520/A	Exercise Prescription and Fitness Testing/Activity	BIO 2340/L & BIO 2350/L	2/1	F'26
3600	Research Methods in Health and Human Movement	STA 1200, KIN 2020	3	F/S
3620/A	Motor Behavior/Activity	KIN 2040/L or KIN 3030/L	3/1	F/S
3650	Dimensions of the Aging Process		3	F/S
4000	Special Study for Upper Division Students (1-3)	UD stand	1-3	F/S*
4040	Applied Biomechanics	KIN 2040/L	3	F'26
4080	Drugs and Society		3	F/S

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4120/L	Movement Anatomy and Evaluation/Laboratory	KIN 2040/L	2/1	S'27
4200	Physical Education Curriculum and Assessment	KIN 3100-3140/A and 3460/A	3	S
4300	Philosophical and Ethical Issues in Health and Human Movement	UD stand	3	F/S
4330/A	Adapted Physical Education Motor Assessment/Activity	KIN 3460/A	2/1	S
4410	Internship in Kinesiology	UD or Grad standing	2	F/S
4430	Inequality in Sport and Physical Activity (GE: 4C; Old GE: D4)	See catalog	3	F/S
4450	Social and Historical Perspectives in Kinesiology		3	F
4460	Sport, Media and Social Justice (GE: 4C; Old GE: D4)	See catalog	3	F'26
4490	Sport, US Culture and Social Justice (GE: 4C; Old GE: D4)	See catalog	3	S'27
4530/A	Sport Injury and Illness/Activity	Waived	2/1	F'26
4540	Exercise Bioenergetics and Metabolism	KIN 3030/L	3	S
4550/L	Principles of Strength and Conditioning/Laboratory	KIN 3030/L	2/1	F
4560	Motor Learning and Control	KIN 2040/L and KIN 3620/A	3	S'27
4570	Sports Psychology	KIN 2020, PSY 3326	3	S
4580	Exercise Prescription and Fitness Testing for Diverse Populations	KIN 3520/A	2	S'27
4610	Senior Project	Senior Standing	3	F/S*
4620	Physical Education Teacher Education Capstone	KIN 3100-3140/A and 3460/A	2	S
4650/A	Intervention Design and Evaluation/Activity	KIN 3600, UD Standing or Consent of Instructor	2/1	F'26
4700	Emotional Wellbeing and Stress Prevention (D4)	See catalog	3	F/S
4990/A/	Special Topic for Upper Division Students		1-3	F/S*

Kinesiology and Health Promotion Core

PETE Option Courses

PETE and General Option Elective

General Option Core

General Option Electives

General Education

*Offered as needed. NA course not available this academic year.