

KINESIOLOGY AND HEALTH PROMOTION DEPARTMENT PROJECTED COURSE OFFERINGS: 2026-2028					
KIN Course	Course Title	Course Prerequisites	Course Units	Semester Course is Offered	Course Type
2020	Introduction to Kinesiology and Health Promotion		3	Fall and Spring	KHP Core Course
2040/L	Introduction to Biomechanics/Laboratory	BIO 2340/L	3/1	Fall and Spring	KHP Core Course
2050	Applied Health & Well-Being		3	Fall and Spring	KHP Core Course
2200	Movement Education for Diverse Populations		3	Fall and Spring	KHP Core Course
2220	Introduction to Physical Education Teacher Education (PETE)		3	Fall	PETE Option Core Course
2230	Standards and Assessment		3	Fall	PETE Option Core Course
2280	Sport, Race and Social Justice		3	NA	General Option Elective Course
2290	Contemporary Issues in Kinesiology and Health Promotion		3	Fall and Spring	KHP Core Course
2300	Introduction to Sport and Social Justice		3	NA	General Option Elective Course
2400	Foundations of Public Health and Applied Epidemiology		3	Fall 2027	General Option Elective Course
2460/AS	Foundations of Adapted Physical Activity/Activity		2/1	Fall and Spring	KHP Core Course
2990/A/L	Special Topic for Lower Division Students		1-3	Fall and Spring*	Supervisory Course
3010	Foundations of Exercise Science (GE: 5D)	See catalog	3	Fall and Spring	General Education Course
3030/L	Exercise Physiology/Laboratory	BIO 2350/L	3/1	Fall and Spring	KHP Core Course
3100/A	Elementary Physical Education/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/AS	2/1	Fall and Spring	PETE Option Core Course
3110/A	Secondary Physical Education - 1/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/AS	2/1	Spring	PETE Option Core Course
3120/A	Secondary Physical Education - 2/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/AS	2/1	Spring	PETE Option Core Course
3130/A	Teaching Aquatics/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/AS	1/1	Fall	PETE Option Core Course
3140/A	Outdoor Education and Adapted Games/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/AS	1/1	Spring	PETE Option Core Course
3400	Health Disparities and Social Justice	KIN 2400, SOC 2201	3	Spring 2027	General Option Elective Course
3460/A	Applied Adapted Physical Education/Activity	KIN 2460/AS	2/2	Fall	PETE Option Core Course
3520/A	Exercise Prescription and Fitness Testing/Activity	BIO 2340/L & BIO 2350/L	2/1	Fall 2027	General Option Elective Course
3530	Exercise and Health Behavior Modification (replaces PSY 3326)	BIO 2350/L	2/1	Spring 2027	General Option Core Course
3600	Research Methods in Health and Human Movement	STA 1200 and KIN 2020	3	Fall and Spring	General Option Core Course
3620/A	Motor Behavior/Activity	KIN 2040/L or KIN 3030/L	3/1	Fall and Spring	KHP Core Course
3650	Dimensions of the Aging Process		3	Fall and Spring	General Option Elective Course
3700	Stress Management: The Science of the Good Life (GE 5D and elective)		3	Fall and Spring	General Education Course
4000	Special Study for Upper Division Students (1-3)	UD standing	1-3	Fall and Spring*	Supervisory Course
4040/L	Applied Biomechanics/Laboratory	KIN 2040/L	1/1	NA	General Option Elective Course
4080	Drugs and Society		3	Fall and Spring	General Option Elective Course
4120/L	Movement Anatomy and Evaluation/Laboratory	KIN 2040/L	2/1	NA	General Option Elective Course
4200	Physical Education Curriculum and Assessment	KIN 3100/A-3140/A and 3460/A	3	Spring	PETE Option Core Course
4300	Philosophical and Ethical Issues in Health and Human Movement	UD standing	3	Fall and Spring	KHP Core Course
4330/A	Adapted Physical Education Motor Assessment/Activity	KIN 3460/A	2/1	Spring	PETE Option Core Course
4410	Internship in Kinesiology	UD or Grad standing	2	Fall and Spring	General Option Core Course
4430	Inequality in Sport and Physical Activity (GE: 4C)	See catalog	3	Fall and Spring	General Education Course
4450	Social and Historical Perspectives in Kinesiology		3	Fall	PETE Option Core Course <i>and</i> General Option Elective Course
4460	Sport, Media and Social Justice (GE: 4C)	See catalog	3	NA	General Education Course
4490	Sport, US Culture and Social Justice (GE: 4C)	See catalog	3	NA	General Education Course
4530/A	Sport Injury and Illness/Activity		2/1	Spring 2027	General Option Elective Course
4540	Exercise Bioenergetics and Metabolism	KIN 3030/L	3	Spring	General Option Elective Course
4550/L	Principles of Strength and Conditioning/Laboratory	KIN 3030/L	2/1	Fall 2027	General Option Elective Course
4560	Motor Learning and Control	KIN 2040/L and KIN 3620/A	3	NA	General Option Elective Course
4570	Sports Psychology	Junior or Senior Standing	3	Spring 2027	General Option Elective Course
4580	Exercise Prescription and Fitness Testing for Diverse Population	KIN 3520/A	2	Spring 2028	General Option Elective Course
4610	Senior Project	Senior Standing	3	Fall and Spring*	General Option Elective Course
4620	Physical Education Teacher Education Capstone	KIN 3100-3140/A and 3460/A	2	Spring	PETE Option Core Course
4650/A	Intervention Design and Evaluation/Activity	KIN 3600, UD Standing or Consent of Instructor	2/1	NA	General Option Elective Course
4700	Emotional Wellbeing and Stress Prevention (GE: 4C)	See catalog	3	Fall and Spring	General Education Course
4990/A/L	Special Topic for Upper Division Students		1-3	Fall and Spring*	Supervisory Course

*Offered as needed. NA course not available this academic year.