



Semester Expectations Checklist

First year to college track

Year 1

Fall

- ☐ Enrolled in SCI 1010/1010A
 - Visit the SEES study rooms 2 or more times per week
 - Present at the FYE/Polyx showcase
- ☐ Participate as a mentee
- ☐ Attend **1** academic or professional development event, such as:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
- ☐ **AND 1** community building event:
 - SEES annual picnic
 - SEES winter celebration
 - TBA SEES social events

Spring

- ☐ Enroll in SCI 1020A
 - Visit the SEES study rooms 2 or more times per week
- ☐ Continue participation as a mentee
- ☐ Attend **1** academic or professional development event, such as:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
- ☐ **AND 1** community building event:
 - SEES award ceremony
 - TBA SEES social events
- ☐ ***OPTIONAL:** Apply for the CSU-SPaRA Research Scholar Fellowship Program

Year 2

Fall

- ☐ ***OPTIONAL:** Enrolled in SCI4990
 - Professional development workshops
- ☐ CSU-SPaRA Research Scholar requirements (**IF APPLIED & SELECTED**)
 - Enrolled in SCI4990 (if not already)
 - Research journal
 - Conduct research with a faculty mentor
- ☐ Attend **1** academic or professional development event, such as:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
- ☐ **AND 1** community building event:
 - SEES annual picnic
 - SEES winter celebration
 - TBA SEES social events
- ☐ Visit the SEES study rooms 3 or more times

Spring

- ☐ ***OPTIONAL:** Enrolled in SCI4990
 - Professional development workshops
- ☐ CSU-SPaRA Research Scholar requirements (**IF APPLIED & SELECTED**)
 - Enrolled in SCI4990 (if not already)
 - Research journal
 - Conduct research with a faculty mentor
 - Present at the COS symposium
- ☐ Attend **1** academic or professional development event, such as:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
- ☐ **AND 1** community building event:
 - SEES award ceremony
 - TBA SEES social events
- ☐ Visit the SEES study rooms 3 or more times
- ☐ Re/apply for the CSU-SPaRA Research Scholar Fellowship Program
- ☐ Apply to become a SEES mentor

Year 3

Fall

- ☐ ***REQUIRED:** Enrolled in SCI4990
 - Professional development workshops
- ☐ CSU-SPaRA Research Scholar requirements (**IF APPLIED & SELECTED**)
 - Research journal
 - Conduct research with a faculty mentor
- ☐ Mentor 2 first-year to college or first-year transfer students
- ☐ Attend **1** academic or professional development event, such as:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
- ☐ **AND 1** community building event:
 - SEES annual picnic
 - SEES winter celebration
 - TBA SEES social events
- ☐ Visit the SEES study rooms 3 or more times
- ☐ Apply to 2 or more summer research experiences for undergraduates (REUs), internships, or employment opportunities related to your field

Spring

- ☐ ***REQUIRED:** Enrolled in SCI4990
 - Professional development workshops
- ☐ CSU-SPaRA Research Scholar requirements (**IF APPLIED & SELECTED**)
 - Research journal
 - Conduct research with a faculty mentor
 - Present at the COS symposium
- ☐ Continue mentorship of 2 first-year to college or first-year transfer students
- ☐ Attend **1** academic or professional development event, such as:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
- ☐ **AND 1** community building event:
 - SEES award ceremony
 - TBA SEES social events
- ☐ Visit the SEES study rooms 3 or more times
- ☐ Apply to 2 or more summer research experiences for undergraduates (REUs), internships, or employment opportunities related to your field
- ☐ Apply for SEES, CPP, or other scholarships
- ☐ Reapply to be a SEES mentor

Year 4

Fall

- ☐ Continue mentorship of 2 first-year to college or first-year transfer students
- ☐ Attend **2** of the following events:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
 - SEES annual picnic
 - SEES winter celebration
 - TBA SEES social events
- ☐ Visit the SEES study rooms 3 or more times
- ☐ Apply to 2 or more graduate schools, fellowship programs, internships, or employment opportunities related to your field

Spring

- ☐ Continue mentorship of 2 first-year to college or first-year transfer students
- ☐ Attend **2** of the following events:
 - Tutoring resource(s)
 - Research exposure event
 - Professional skill-building workshop
 - SEES award ceremony
 - TBA SEES social events
- ☐ Visit the SEES study rooms 3 or more times
- ☐ Apply to 2 or more graduate schools, fellowship programs, internships, or employment opportunities related to your field
- ☐ Apply for SEES, CPP, or other scholarships
- ☐ Graduate!