# CALIFORNIA STATE POLYTECHNIC UNIVERSITY, POMONA

ACADEMIC SENATE

#### GENERAL EDUCATION COMMITTEE

# **REPORT TO**

# THE ACADEMIC SENATE

## GE-022-212

KIN 4700: Emotional Wellbeing and Stress Prevention (New D4)

General Education Committee	Date:	2/23/2022
Executive Committee Received and Forwarded	Date:	4/27/2022
Academic Senate	Date:	5/04/2022 <u>First Reading</u> 05/11/2022 <u>Second Reading</u>

TITLE OF REFERRAL: KIN 4700: Emotional Wellbeing and Stress Prevention (New D4)

<u>BACKGROUND</u>: This is a new course proposed by the Kinesiology and Health Promotion Department as a part of their new strategic plan and redesign of their undergraduate programs. The course proposes to fulfill the requirements of D4.

## RESOURCES CONSULTED: N/A

DISCUSSION: This is a successful class that exemplifies the GE synthesis goals for Area D4.

<u>RECOMMENDATION</u>: The GE Committee unanimously recommends approval of GE-022-212: KIN 4700: Emotional Wellbeing and Stress Prevention (Area D4)