

# Counseling Appointment Assessment

Changing/Choosing a major

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# Survey Overview

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The services we offer are based on the  
Career Center Mission Statement...

“Empower students and alumni to identify their skills, interests, and values, make informed educational decisions, and discover meaningful career opportunities through a range of high quality services provided by professionally trained staff.”

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# Counseling Appointments: Changing/Choosing Major

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# The Survey

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- ◉ Winter Quarter from 1/12/09 – 3/13/09
- ◉ 28 collected surveys out of 45 (62%)  
Choosing/Changing major appointments
- ◉ Likert Scale: 1- strongly disagree, 5 strongly agree



# The Survey

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- Class Standing
  - (11) Freshmen
  - (11) Sophomores
  - (5) Juniors
  - (1) Senior
  - (0) Masters/Alumni

# The Survey

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## ○ Majors Breakdown

- (1) Architecture, Biology, Spanish, Undeclared Hotel & Restaurant, Civil Engineering, BLANK
- (2) Electrical Eng, Mechanical Eng, Bussiness (not Acct)
- (3) Accounting
- (4) Apparel Merchandising & Management, Animal Science, Kinesiology

# The Survey

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## ○ Appointment

- (17) First Appointment
- (9) Second Appointment\*
- (2) Third Appointment\*

\*Student could be the same for all multiple appointments

# The Survey

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- ① 1. What are your expectations?
  - Generally looking for a better understanding of majors that best fit the student
    - Understanding how to choose a major
    - Learning more about myself
    - Getting information on career choices
    - To be reassured

# The Statements

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- ② The counselor explained how understanding my skills, interests, and values play a part in creating a more successful career.
  - Average score 4.75,  $sd=.44$
- ③ After meeting with the counselor, I feel more informed on how to make better educational decisions regarding choosing the right major for me.
  - Average score 4.76,  $sd=.42$

# The Statements

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- ④ 4. I can now identify more meaningful career opportunities.
  - Average score = 4.6, sd=.57
- ④ 5. The resources given to me by my counselor are beneficial towards my future research in helping me identify the right major.
  - Average score = 4.8, sd=.35

# The Statements

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- ◎ 6. I understand the steps to take to change/choose major
  - Average score 96%
  - Written in statements varied greatly
- ◎ 7. Would recommend career counseling to other students
  - Average score 100%

# The Statements

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- 8. Overall, this career counseling session was helpful.
  - Average score = 4.82, sd=.39

# Correlation

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- Five statistically significant correlations were found!

# Correlation

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- There is a moderate positive relationship between, “The counselors explained how understanding skills, interests, and values, play a part in creating a more successful career” and “I can now identify more meaningful career opportunities”

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- There is a moderate positive relationship between, “After meeting with the counselor I feel more informed on how to make better educational decisions regarding choosing the right major for me” and “The resources given to me by my counselor are beneficial towards my future research in helping me identify the right major”

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- There is a moderate positive relationship between, “After meeting with the counselor I feel more informed on how to make better educational decisions regarding choosing the right major for me” and “Overall, this career counseling session was helpful”

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# Implications

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- Though definite relationships can not be determined by finding the correlations of the means of student reactions, it does give a starting point to investigate further into those relationships found by the correlations
- Through the findings within the correlations we may want to emphasize on our resources as there is a relationship between what makes the students feel more informed as well as helping them be able to make their decisions.
- Positive correlation of counselors providing resources to students and counselors explaining skills, values, and interests may suggest that seeing a counselor contributes to students feeling that appointments were overall helpful.
- Emphasis on skills, values, and interests may lead to students being able to identify more meaningful careers.