



STUDENT-ATHLETE ASSESSMENT: CHARACTER TRAITS

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PURPOSE OF ASSESSMENT

There are over 220 Student-Athletes at Cal Poly Pomona that participate in NCAA Division II Intercollegiate Athletics. The learning experience for these students is to enhance their capacity for working with others and strengthen their decision making and leadership skills in athletics participation. In an effort to assess what character traits were enhanced through athletics participation the following student learning outcomes were measured.



TARGETED LEARNING OUTCOME

The expected outcome is for student-athletes to be able to identify skills that they have learned and how it will apply in their personal development.



ASSESSMENT METHODOLOGY

A survey was given to all student-athletes who were asked to respond to two specific questions:

1) Which of the skills/traits listed above have been enhanced by your participation in athletics? Please list your top 3.

2) For each of the three skills/traits you listed above, please explain and give at least one specific example of how the skill has been developed or enhanced by your participation in athletics.

These were all open ended responses.

RESULTS

Question #1

Which of the skills/traits listed above have been enhanced by your participation in athletics? Please list your top 3

Top five responses from student-athletes

- Accountability
- Competitive
- Goal Setting/Goal Oriented
- Self-Motivated
- Responsibility

Question #2

For each of the three skills/traits you listed above, please explain and give at least one specific example of how the skill has been developed or enhanced by your participation in athletics?

Student Responses:

- “Set goals for everyday life.”
- “In athletics, I am responsible for myself and my team. If I say I am going to do something or be somewhere than I must be there. Athletics teaches to show up every day and do your job. There are no excuses. If you are having a bad day or not feeling well you still have to show up and be your best. This is great life experience for being responsible and successful citizen.”
- “Organization: I have had to learn to manage my time as a student athlete and being organized helps a ton. I need to invest in a student planner, but besides that my organization has greatly improved and must in order to accomplish everything you need to get done as a student athlete.”

CONCLUSION

Student-athletes were able to show that they can identify & apply skills and traits into everyday life. They show understanding of benefits related to athletic participation and responsibility.