



**California State Polytechnic University, Pomona  
Degree Curriculum Sheet**

Plan (Major) **KINESIOLOGY**  
Subplan/Option **Health Promotion**

Catalog Year **2015 - 2016**  
Minimum Units Required **180**

Name \_\_\_\_\_  
Student ID \_\_\_\_\_

Required Core Courses		
Course		Units
Required of all students. A 2.0 cumulative GPA is required in core courses, as well as subplan courses, in order to receive a degree in the major.		
Professions in Kinesiology and Health Promotions	KIN 201	1
Critical Perspectives in Kinesiology	KIN 209	3
Physiology of Exercise & Lab	KIN 303/303L	3/1
Intro to Biomechanics & Lab	KIN 304/304L	3/1
Life Span Motor Development	KIN 312/312A	3/1
Tests and Measurements in Physical Education	KIN 425/425A	3/1
<b>Total Units</b>		<b>20</b>

Required Subplan/Option Courses		
Course		Units
Human Physiology & Lab	BIO 235/235L	4/1
Nutrition, Science, and Health	FN 305	4
Principles of Marketing Management	IBM 301	4
First Aid	KIN 205/205A	2/1
Personal Health	KIN 207	4
Consumer Health	KIN 380	4
Physiology of Exercise II & Lab	KIN 403/403L	3/1
Drug Education	KIN 408	4
Movement Anatomy and Kinesiology & Lab	KIN 412/412L	3/1
Principles of Exercise Prescription and Programs	KIN 453	3
Sports Medicine	KIN 455	4
Exercise Metabolism and Weight Control	KIN 456	3
Health/Fitness Instructor	KIN 459	3
Exercise Physiology Clinical & Lab	KIN 458/458L	2/1
Senior Project	KIN 461	2
and Senior Project	KIN 462	2
Health Needs Assessment	KIN 479/479A	3/1
Health Program Planning and Evaluation	KIN 480/480A	3/1
Mind, Brain, and Behavior: Integrated View	PSY 210	4
Health Psychology	PSY 326	4
Human Anatomy & Lab	ZOO 234/234L	3/2
<b>Total Units</b>		<b>77</b>

Required Support Courses		
Course		Units
The following required support courses should be taken to satisfy the indicated GE Requirements to achieve the minimum units to degree listed at the top of this sheet.		
Basic Biology (B2, B3)	BIO 115/115A/115L	3/1/1
Stress Management for Healthy Living (B5 or D4)	KIN 370	4
General Psychology (E)	PSY 201	4
Statistics with Applications (B4)	STA 120	4
<b>Total Units</b>		<b>17</b>

Elective Support Courses		
Course		Units
<i>Select 14 units from the following:</i>		
Financial Accounting for Decision Making	ACC 207/207A	(4/1)
Genetics and Human Issues	BIO 300	(4)
Intro to Ethnic Studies	EWS 140	(4)
Marketing Strategy	IBM 302	(4)
Promotional Strategies	IBM 307	(4)
Marketing of Services	IBM 316	(4)
Marketing for Small Business Organizations	IBM 410	(4)
Human Relations	PSY 314	(4)
Cognitive Processes	PSY 334	(4)
Social Psychology	PSY 401	(4)
Theories of Learning	PSY 402	(4)
Basic Counseling Skills	PSY 417	(4)
Contemporary Social Problems	SOC 301	(4)
<b>Total Units</b>		<b>14</b>

General Education Requirements		
Area	Units	
<b>Area A Communication &amp; Critical Thinking</b>	12	
1. Oral Communication		
2. Written Communication		
3. Critical Thinking		
<b>Area B Mathematics &amp; Natural Sciences</b>	16	
<i>Select at least one lab course from subarea 1 or 2.</i>		
1. Physical Science		
2. Biological Science		
3. Laboratory Activity		
4. Math/Quantitative Reasoning		
5. Science & Technology Synthesis		
<b>Area C Humanities</b>	16	
1. Visual and Performing Arts		
2. Philosophy and Civilization		
3. Literature and Foreign Language		
4. Humanities Synthesis		
<b>Area D Social Sciences</b>	20	
1. U.S. History, Constitution, American Ideals		
a. United States History		
b. Introduction to American Government		
2. History, Economics and Political Science		
3. Sociology, Anthropology, Ethnic & Gender Studies		
4. Social Science Synthesis		
<b>Area E Lifelong Understanding &amp; Self Development</b>	4	
<b>Total Units</b>		<b>68</b>

American Institutions	
Courses that satisfy this requirement may also satisfy GE Area D1	8

American Cultural Perspectives Requirement	
Refer to catalog for list of courses that satisfy this requirement. Course may also satisfy major, minor, GE, or unrestricted elective requirements.	4

All persons who receive undergraduate degrees from Cal Poly Pomona must pass the Graduation Writing Test (GWT). The test must be taken by the quarter following completion of 120 units for undergraduates.