### Required Core Courses

Required of all students. A 2.0 cumulative GPA is required in core courses, as well as subplan courses, in order to receive a degree in the major.

- KIN 201 - Professions in Kinesiology and Health Promotion (1)
- KIN 209 - Critical Perspectives in Kinesiology (3)
- KIN 303/303L - Physiology of Exercise (3/1)
- KIN 304/304L - Introduction to Biomechanics (3/1)
- KIN 312/312A - Life Span Motor Development (3/1)
- KIN 425/425A - Tests and Measurements in Physical Education (3/1)

**Total Units 20**

### Required Subplan/Option Courses

- BIO 235/235L - Human Physiology (4/1)
- GED 400/400L - Foundations of Educational Computer Literacy (3/1)
- KIN 204/204A - Field Work for Prospective Physical Education Teachers (1/2)
- KIN 205/205A - First Aid (2/1)
- KIN 206S/206AS - Introduction to Students with a Disability Service Learning/Activity (3/1)
- KIN 208/208A - Introduction to Pedagogy Theory (2/2)
- KIN 210 - History of Physical Education and Sport (4)
- KIN 250/250A - Teaching Team Court Sports (2/1)
- KIN 251/251A - Teaching Outdoor/Adventure Education (1/1)
- KIN 252/252A - Teaching Team Field Sports (1/2)
- KIN 253/253A - Teaching Individual and Fitness Activities (2/1)
- KIN 255/255A - Teaching Rhythms and Dance (1/2)
- KIN 256/256A - Teaching Cultural Diversity and Innovative Activities (2/1)
- KIN 257/257A - Gymnastics and Self-Defense (2/1)
- KIN 262/262A - Teaching Racquet Activities (1/2)
- KIN 264/264A - Teaching Aquatics (1/1)
- KIN 310 - Philosophy of Physical Education and Sport (3)
- KIN 328/328A - Elementary Physical Education (2/1)
- KIN 405S/405AS - Adapted Physical Education Fieldwork Service Learning/Activity (2/1)
- KIN 420 - Management Principles in Kinesiology and Sport (3)
- KIN 425 - Management Principles in Kinesiology and Sport (3)
- KIN 425A - Tests and Measurements in Physical Education (3/1)
- KIN 430/430L - Motor Learning and Human Performance (3/1)
- KIN 440 - Physical Education Curriculum (4)
- KIN 441 - School Health Education (3)
- KIN 450 - Socio-Cultural Perspectives of Physical Activity (4)
- KIN 463 - Senior Seminar for Pedagogy (4)
- ZOO 234/234L - Human Anatomy (3/2)

**Total Units 88**

### General Education Requirements

#### Area A Communication & Critical Thinking (12 units)
1. Oral Communication
2. Written Communication
3. Critical Thinking

#### Area B Mathematics & Natural Sciences (16 units)
1. Physical Science
2. Biological Science
3. Laboratory Activity
4. Math/Quantitative Reasoning
5. Science & Technology Synthesis

#### Area C Humanities (16 units)
1. Visual and Performing Arts
2. Philosophy and Civilization
3. Literature and Foreign Language
4. Humanities Synthesis

#### Area D Social Sciences (20 units)
1. U.S. History, Constitution, American Ideals
   a. United States History
   b. Introduction to American Government
2. History, Economics and Political Science
3. Sociology, Anthropology, Ethnic & Gender Studies
4. Social Science Synthesis

#### Area E Lifelong Understanding & Self Development (4 units)

**Total Units 88**

### Elective Support Courses

Students who want the additional focus on Adapted PE should complete the courses listed.

- KIN 405S/405AS - Adapted Physical Education Fieldwork Service Learning/Activity (2/1)
- KIN 432S - Behavior Support and Other Plans Used in Adapted Physical Education Service Learning (3) and KIN 431AS - Students with Disabilities Field Experiences Service Learning (1)
- KIN 433S - Assessment Policies and Procedures in Adapted Physical Education Service Learning (3) and KIN 431AS - Students with Disabilities Field Experiences Service Learning (1)
- KIN 434 - Program Development and Implementation in Adapted Physical Education (3)
- KIN 435S - Motor Assessment in Adapted Physical Education Service Learning (3) and KIN 431AS - Students with Disabilities Field Experiences Service Learning (1)
- KIN 437 - Adapted Physical Education Candidate Assessment (1)

**Total Units 0-18**

### Unrestricted Electives

Select a sufficient number of courses so that the total from “Required Support”, “Elective Support”, “GE”, and “Unrestricted Electives” is at least 72 units.

**Total Units 0-3**

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**Total Units 13**