

Kinesiology, B.S. - General Subplan/Option: 120 units
2021-2022 Academic Year

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 1	KIN 2020 Introduction to Kinesiology and Health Promotion [FSpSu]		3	BIO 2350 Human Physiology [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	3	[] = Term Typically Offered F = Fall Sp = Spring Su = Summer e = even years o = odd years
	KIN 2050 Applied Health & Well-Being [FSpSu]		3	BIO 2350L Human Physiology Laboratory [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Coreq: BIO 2350.	1	
	GE Area A2: Written Communication [FSp]		3	KIN 2200 Pedagogical Principles of Kinesiology and Health Promotion [FSpSu]		3	
	BIO 1150 Basic Biology (B2) [FSp]	Coreq: BIO 1150L.	3	KIN 2290 Contemporary Issues in Kinesiology and Health Promotion [FSpSu]		3	
	BIO 1150L Basic Biology Laboratory (B3) [FSp]	Coreq: BIO 1150.	1	GE Area A1: Oral Communication [FSp]		3	
			0	STA 1200 Statistics with Applications (B4) [FSpSu]	Prereq: Category I, Category II, Category III, appropriate score on ALEKS placement exam, completion of GE Sub-area B4, or C- or better in MAT 1051. Coreq: STA 1200A (only if Category III).	3	

		0		0
		0		0
	Total Units	13	Total Units	16



Cal Poly
Pomona

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Year 2	BIO 2340 Human Anatomy [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	3	KIN 3030 Physiology of Exercise [FSpSu]	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030L.	3	
	BIO 2340L Human Anatomy Laboratory [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	1	KIN 3030L Physiology of Exercise Laboratory [FSpSu]	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030.	1	
	Option Electives [FSp]	Recommended: MAT 1060	3	PHY 1210 Physics of Motion, Fluids, and Heat (B1)	Prereq: C- or better in MAT 106, MAT 1060, MAT 112, MAT 114, MAT 1140, MAT 1140C, MAT 115, MAT 116, MAT 1150, MAT 1200, or MAT 1300. (MAT 1300 can be concurrent.) Coreq: PHY 1210L.	3	
	GE Area E: Lifelong Learning and Self-Development [FSp]		3	PHY 1210L Physics of Motion, Fluids, and Heat Laboratory (B3)	Coreq: PHY 1210.	1	
	GE Area F: Ethnic Studies [FSp]		3	GE Area D2: U.S. Constitution and California Government [FSp]		3	
	GE Area A3: Critical Thinking [FSp]		3	Option Electives [FSp]	Select from Curriculum Sheet	3	
			0			0	
			0			0	
	Semester Total Units	16		Semester Total Units	14		

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	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 3	KIN 3040 Introduction to Biomechanics [FSpSu]	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102 or PHY 1020; PHY 121L, PHY 1210L, PHY 102 or PHY 1020. Coreq: KIN 3040L.	3	KIN 3620 Motor Behavior [FSpSu]	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620A.	3	
	KIN 3040L Introduction to Biomechanics Laboratory [FSpSu]	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102, or PHY 1020; and PHY 121L, PHY 1210L, PHY 102, or PHY 1020. Coreq: KIN 3040.	1	KIN 3620A Motor Behavior Activity [FSpSu]	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620.	1	
	Option Electives [FSp]	Select from Curriculum Sheet	3	KIN 3650 Dimensions of the Aging Process [FSpSu]		3	
	GE Area C2: Literature, Modern Languages, Philosophy and Civilization [FSp]		3	GE Area C1 or GE Area C2 [FSp]	Select either C1: Visual and Performing Arts or C2: Literature, Modern Languages, Philosophy and Civilization course	3	
	GE Area D1: U.S. History American Ideals [FSp]		3	GE Area C1: Visual and Performing Arts [FSp]		3	
	KIN 3510 Philosophical and Ethical Issues [FSpSu]		3	Option Electives [FSp]	Additional unrestricted electives may be necessary if double counting additional GE courses (KIN 3010, KIN 4440, KIN 4430, etc) to achieve 120 units toward degree.	3	
			0			0	
			0			0	
Semester Total Units			16	Semester Total Units		16	

	Fall		Units	Spring		Units	Comments	
	Courses	Requirements/Comments		Courses	Requirements/Comments			
Year 4	Option Electives [FSp]	Prereq: Additional unrestricted electives may be necessary if double counting additional GE courses (KIN 3010, KIN 4440, KIN 4430, etc) to achieve 120 units toward degree.	4	Option Electives [FSp]	Select from Curriculum Sheet	3		
	Option Electives [FSp]	Select from Curriculum Sheet	3	Option Electives [FSp]	Select from Curriculum Sheet	3		
	Option Electives [FSp]	Select from Curriculum Sheet	3	Unrestricted Electives		1		
	GE Area C1: Visual and Performing Arts [FSp]		3	GE Area D4: Social Science Synthesis [FSp]		3		
	GE Area B5: Science and Technology Synthesis [FSp]		3	GE Area C3: Arts and Humanities Synthesis [FSp]		3		
			0			0		
			0			0		
			0			0		
	<i>File an application to graduate</i>							
	Semester Total Units		16	Semester Total Units		13		
			Total Units		120			