

Kinesiology, B.S. - Pedagogical Kinesiology Subplan/Option: 120 units
2021-2022 Academic Year

	Fall		Units	Spring		Units	Comments
	Courses	Requirements/Comments		Courses	Requirements/Comments		
Year 1	KIN 2020 Introduction to Kinesiology and Health Promotion [FSpSu]		3	BIO 1150 Basic Biology (B2) [FSp]	Coreq: BIO 1150L.	3	[] = Term Typically Offered F = Fall Sp = Spring Su = Summer e = even years o = odd years
	KIN 2050 Applied Health & Well-Being [FSpSu]		3	BIO 1150L Basic Biology Laboratory (B3) [FSp]	Coreq: BIO 1150.	1	
	GE Area A2: Written Communication [FSp]		3	KIN 2200 Pedagogical Principles of Kinesiology and Health Promotion		3	
	GE Area D2: U.S. Constitution and California Government [FSp]		3	GE Area A1: Oral Communication [FSp]		3	
	GE Area F: Ethnic Studies [FSp]		3	STA 1200 Statistics with Applications (B4) [FSpSu]	Prereq: Category I, Category II, Category III, appropriate score on ALEKS placement exam, completion of GE Sub-area B4, or C- or better in MAT 1051. Coreq: STA 1200A (only if Category III).	3	
			0	KIN 2290 Contemporary Issues in Kinesiology and Health Promotion [FSp]		3	
			0			0	
			0			0	
		Total Units	15		Total Units	16	



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Year 2	BIO 2340 Human Anatomy [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	3	BIO 2350 Human Physiology [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	3	
	BIO 2340L Human Anatomy Laboratory [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	1	BIO 2350L Human Physiology Laboratory [FSpSu]	Prereq: BIO 121/BIO 121L, BIO 122/BIO 122L, and BIO 123/BIO 123L; BIO 121/BIO 121L and BIO 122/BIO 122L/BIO 1220C; BIO 121/BIO 121L/BIO 1210B and BIO 1220/BIO 1220L; BIO 1210/BIO 1210L and BIO 1220/BIO 1220L; BIO 115/115L/115A; or BIO 1150/BIO 1150L. Core	1	
	KIN 2220 Pedagogy Theory and Fieldwork [F]	Coreq: KIN 2220A.	1	PHY 1020 Fundamentals of Physics (B1) [FSp]		3	
	KIN 2220A Pedagogy Theory and Fieldwork Activity [F]	Coreq: KIN 2220.	2	GE Area C1 or GE Area C2 [FSp]	Select either C1: Visual and Performing Arts or C2: Literature, Modern Languages, Philosophy and Civilization course	3	
	KIN 2460S Introduction to Students with a Disability Service Learning [F]	Coreq: KIN 2460AS.	3	GE Area E: Lifelong Learning and Self-Development [FSp]		3	
	KIN 2460AS Introduction to Students with a Disability Service Learning Activity [F]	Coreq: KIN 2460S.	1	KIN 3210 Teaching Outdoor and Adventure Education [Sp]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3210A.	1	
	GE Area A3: Critical Thinking [FSp]		3	KIN 3210A Teaching Outdoor and Adventure Education Activity [Sp]	Prereq: KIN208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3210.	2	

		0		0
	Semester Total Units	14	Semester Total Units	16



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Year 3	KIN 3040 Introduction to Biomechanics [FSpSu]	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102 or PHY 1020; PHY 121L, PHY 1210L, PHY 102 or PHY 1020. Coreq: KIN 3040L.	3	KIN 3230 Teaching Rhythms and Dance [Sp]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3230A.	1	
	KIN 3040L Introduction to Biomechanics Laboratory [FSpSu]	Prereq: ZOO 234 or BIO 2340; ZOO 234L or BIO 2340L; STA 120 or STA 1200; PHY 121, PHY 1210, PHY 102, or PHY 1020; and PHY 121L, PHY 1210L, PHY 102, or PHY 1020. Coreq: KIN 3040.	1	KIN 3230A Teaching Rhythms and Dance Activity [Sp]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3230.	1	
	KIN 3220 Teaching Individual, Dual and Team Sports [F]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3220A.	1	KIN 3260 Teaching Elementary Physical Education and Fitness [Sp]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3260A.	2	
	KIN 3220A Teaching Individual, Dual and Team Sports Activity [F]	Prereq: KIN 208, and KIN 208A or KIN 2220 and KIN 2220A. Coreq: KIN 3220.	2	KIN 3260A Teaching Elementary Physical Education and Fitness Activity [Sp]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3260.	1	
	KIN 3250 Teaching Aquatics [F]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3250A.	1	KIN 3030 Physiology of Exercise [FSpSu]	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030L.	3	
	KIN 3250A Teaching Aquatics Activity [F]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3250.	1	KIN 3030L Physiology of Exercise Laboratory [FSpSu]	Prereq: BIO 235 and BIO 235L or BIO 2350 and BIO 2350L. Coreq: KIN 3030.	1	
	GE Area C2: Literature, Modern Languages, Philosophy and Civilization [FSp]		3	KIN 3500 Philosophical and Ethical Issues in Physical Education [Sp]		3	
	GE Area D1: U.S. History American Ideals [FSp]		3	GE Area C1: Visual and Performing Arts [FSp]		3	
	Semester Total Units		15	Semester Total Units		15	

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Year 4	KIN 3240 Teaching Gymnastics, Self-Defense and Secondary PE and Fitness [F]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3240A.	1	NTR 3050 Nutrition, Science and Health (B5) [FSpSu]	Prereq: Lower division GE requirements in Areas A and B.	3	
	KIN 3240A Teaching Gymnastics, Self-Defense and Secondary PE and Fitness Activity [F]	Prereq: KIN 208 or KIN 2220 and KIN 208A or KIN 2220A. Coreq: KIN 3240.	1	KIN 3550 Physical Education Curriculum and Assessment [Sp]	Prereq: KIN 3210 and KIN 3210A; KIN 3220 and KIN 3220A; KIN 3230 and KIN 3230A; KIN 3240 and KIN 3240A; KIN 3250 and KIN 3250A and KIN 3260 and KIN 3260A or Instructor Consent. Coreq: KIN 3550A.	2	
	KIN 4050AS Adapted Physical Education Fieldwork Service Learning Activity [FSp]	Prereq: GE Area A and D1-3. Coreq: KIN 4050S.	1	KIN 3550A Physical Education Curriculum and Assessment Activity [Sp]	Prereq: KIN 3210 and KIN 3210A; KIN 3220 and KIN 3220A; KIN 3230 and KIN 3230A; KIN 3240 and KIN 3240A; KIN 3250 and KIN 3250A; KIN 3260 and KIN 3260A or Instructor Consent. Coreq: KIN 3550.	1	
	KIN 4050S Adapted Physical Education Fieldwork Service Learning [FSp]	Prereq: KIN 206S and KIN 206AS or KIN 2460S and KIN 2460AS or equivalent course; or Instructor consent. Coreq: KIN 4050AS.	1	KIN 4620 Senior Seminar for Pedagogical Kinesiology	Prereq: Senior standing.	3	
	KIN 4450 Social and Historical Perspectives in Kinesiology [FSp]		3	GE Area D4: Social Science Synthesis [FSp]		3	
	KIN 3620 Motor Behavior [FSpSu]	KIN 303 or KIN 3030 and KIN 303L or KIN 3030L.	3	Unrestricted Elective		3	
	KIN 3620A Motor Behavior Activity [FSpSu]	Prereq: KIN 303 or KIN 3030 and KIN 303L or KIN 3030L. Coreq: KIN 3620.	1			0	
	GE Area C3: Arts and Humanities Synthesis [FSp]		3			0	
<i>File an application to graduate</i>							
Semester Total Units		14	Semester Total Units		15		
			Total Units		120		