Program Mission/Vision
The Food and Nutrition Major (FN) is based on the Food and Nutrition Board (FNB) of the Institute of Medicine of the National Academy of Sciences. The FNB is a multidisciplinary group of biomedical scientists with expertise in various aspects of nutrition, food science, biochemistry, medicine, public health, epidemiology, food toxicology and food safety.

The FN major trains students for careers pertaining to the diverse issues of food, nutrition and health. With the quickening pace of technological changes in our food supply and increasing understanding of how food affects our health, it is imperative that FN majors are able to examine and evaluate the complex interrelationships of food, food safety and nutrition issues of central importance to health policy. FN envisions its students to be in an excellent position to examine and provide guidance on issues of food and health today and into the 21st century.

The Dietetics Option is a nationally accredited program adhering to guidelines established by the Commission on Accreditation for Dietetic Education (CADE). Students pursuing career goals in the dietetic field will qualify for post-graduate dietetic internship programs which can lead to membership in the American Dietetic Association and Registered Dietitian status. Upon completion of a dietetic internship, graduates are eligible to take the registration examination to become Registered Dietitians. Dietitians are members of the professional health care team and serve as facilitators who translate scientific knowledge into practical applications so that consumers and patients can make informed decisions about their diet and health.

Nutritional Science is an option under the Foods and Nutrition Major that integrates the core nutrition science courses with additional courses in the laboratory sciences. The mission of the program is that the Nutrition Science Program will provide a program of study necessary to enter medical, dental, veterinary, Pharm D Schools and Graduate programs for the Master of Science, and PhD. The Nutrition Science Program will promote an appreciation for the multidiscipline nature of modern nutrition research. The program prepares students with a sound scientific understanding of complex nutrition issues related to research and medicine.