DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION
2016-2017 CURRICULUM - KINESIOLOGY

HEALTH PROMOTION OPTION

REQUIRED CORE COURSES

___ 1 KIN 201 Professions in Kinesiology & Health Promotion
___ 3 KIN 209 Critical Perspectives in Kinesiology
___ 3 KIN 303 Physiology of Exercise (ZOO 235/235L)
___ 1 KIN 303L Physiology of Exercise Lab (ZOO 235/235L)
___ 3 KIN 304 Intro. to Biomechanics (STA 120; ZOO 234/L)
___ 1 KIN 304L Intro. to Biomechanics Lab (STA 120; ZOO 234/L)
___ 3 KIN 312 Life Span Motor Development
___ 1 KIN 312A Life Span Motor Develop Activity
___ 3 KIN 425 Tests and Measurements in PE (STA 120)
___ 1 KIN 425A Tests and Measurements in PE Activity (STA 120)

REQUIRED SUBPLAN/OPTION COURSES

___ 4 BIO 235 Human Physiology (BIO 115/115L)
___ 1 BIO 235L Human Physiology Lab (BIO 115/115L)
___ 4 FN 305 Nutrition, Science, and Health
___ 4 IBM 301 Principles of Marketing Management
___ 2 KIN 205 First Aid
___ 1 KIN 205A First Aid Activity
___ 4 KIN 207 Personal Health
___ 4 KIN 380 Consumer Health
___ 4 KIN 400 Senior Project (in place of 461 & 462)
___ 3 KIN 403 Physiology of Exercise II (KIN 303/303L)
___ 1 KIN 403L Physiology of Exercise II Lab (KIN303/L)
___ 4 KIN 408 Drug Education
___ 3 KIN 412 Movement Anatomy & Kinesiology (KIN 304/304L)
___ 1 KIN 412L Movement Anatomy & Kinesiology Lab (KIN 304/304L)
___ 3 KIN 453 Principles of Exercise Prescription & Programs (KIN303/303L)
___ 4 KIN 455 Sports Medicine (KIN 303/303L)
___ 3 KIN 456 Exercise Metabolism and Weight Control (KIN 303/303L; FN 235 or FN 305)

REQUIRED SUPPORT COURSES (Select 14 units from the following)

___ 4 ACC 207 Financial Accounting for Decision Making
___ 1 ACC 207A Financial Accounting for Decision Making Activity
___ 4 BIO 300 Genetics and Human Issues (BIO 110 or BIO 115/L)
___ 4 EWS140 Introduction to Ethnic Studies
___ 4 IBM 302 Marketing Strategy (IBM 301)
___ 4 IBM 307 Integrated Marketing Communication (IBM 301)
___ 4 IBM 316 Marketing of Services (IBM 301)
___ 4 IBM 410 Marketing for Small Business Organizations (IBM 301)
___ 4 PSY 314 Human Relations (PSY 201 or 202)
___ 4 PSY 334 Cognitive Processes (PSY 201 or 202)
___ 4 PSY 401 Social Psychology (PSY 202 and BHS 204)
___ 4 PSY 402 Theories of Learning (PSY 201 or 202; PSY 334)
___ 4 PSY 417 Basic Counseling Skills (PSY 201 or 202)
___ 4 SOC 301 Contemporary Social Problems

Prerequisite courses are shown in parentheses

SEE BACK OF PAGE FOR GENERAL EDUCATION REQUIREMENTS
GENERAL EDUCATION REQUIREMENTS

Area A  Communication and Critical Thinking-12 units

___(1)  4 Oral Communication
___(2)  4 ENG_104 Written Communication
___(3)  4 Critical Thinking

Area B  Math and Natural Sciences-17 units
(Select one lab course from sub-area 2)

___(1)  4 Physical Science
___(2)  2 BIO_115 Basic Biology
___(3)  2 BIO_115L Basic Biology Lab
___(4)  4 STA_120 Statistics with Applications
___(5)  4 KIN_370 Science and Technology Synthesis

Area C  Humanities-16 units
One course from each area

___(1)  4 Fine/Performing Arts
___(2)  4 Philosophy and Civilization
___(3)  4 Literature and Foreign Language
___(4)  4 Humanities Synthesis

Area D  Social Sciences-20 units
Two courses in sub-area 1, and at least one course from each of sub-areas 2, 3, and 4.

___(1a)  4 PLS_201 U.S. History, Constitution, American Ideals
___(1b)  4 HST_202 U.S. History, Constitution, American Ideals
___(2)  4 History, Economics, and Political Science
___(3)  4 Sociology, Anthropology, Ethnic, and Gender Studies
___(4)  4 Social Science Synthesis

Area E  Lifelong Understanding and Self-Development-4 units

___  4 PSY_201 Lifelong Understanding and Self-Development

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