DEPARTMENT OF KINESIOLOGY AND HEALTH PROMOTION
2014-2015 CURRICULUM - KINESIOLOGY

HEALTH PROMOTION OPTION

COMMON CORE COURSES IN MAJOR

1 KIN 201 Professions in Kines & Health Promotion
3 KIN 209 Critical Perspectives in Kinesiology
3 KIN 303 Physiology of Exercise (ZOO 235/235L)
1 KIN 303L Physiology of Exercise Lab
(ZOO 235/235L)
3 KIN 304 Intro. to Biomechanics
(STA 120; ZOO 234/L)
1 KIN 304L Intro. to Biomechanics Lab
(STA 120; ZOO 234/L)
3 KIN 312 Life Span Motor Development
1 KIN 312A Life Span Motor Develop Activity
3 KIN 425 Tests and Measurements in PE (STA 120)
1 KIN 425A Tests and Measurements in PE Activity
(STA 120)

REQUIRED SUBPLAN/OPTION COURSES

2 KIN 205 First Aid
1 KIN 205A First Aid Activity
4 KIN 207 Personal Health
4 KIN 380 Consumer Health
3 KIN 403 Physiology of Exercise II (KIN 303/303L)
1 KIN 403L Physiology of Exercise II Lab (KIN 303/L)
4 KIN 408 Drug Education
3 KIN 412 Movement Anatomy & Kinesiology
(KIN 304/304L)
1 KIN 412L Movement Anatomy & Kinesiology Lab
(KIN 304/304L)
3 KIN 453 Principles of Exercise Presc & Programs
(KIN 303/303L)
4 KIN 455 Sports Medicine (KIN 303/303L)
3 KIN 456 Exercise Metabolism and Weight Control
(KIN 303/303L; FN 235 or FN 305)
1 KIN 458 Exercise Physiology Fieldwork
(KIN 303/303L)
2 KIN 458A Exercise Physiology Fieldwork Activity
(KIN 303/303L)
3 KIN 459 Health Fitness Instructor (KIN 303/303L)
4 KIN 461/462 Senior Project

2 KIN 479 Health Program Needs Assessment
2 KIN 479A Health Program Needs Assessment Activity
3 KIN 480 Health Program Planning & Evaluation
(KIN 207)
1 KIN 480A Health Program Planning & Evaluation Activity (KIN 207)
4 FN 305 Nutrition, Science, and Health
4 PSY 210 Mind, Brain, and Behavior
4 PSY 326 Health Psychology
3 ZOO 234 Human Anatomy (BIO 115/115L)
2 ZOO 234L Human Anatomy Lab (BIO 115/115L)
3 BIO 235 Human Physiology (BIO 115/115L)
1 BIO 235L Human Physiology Lab (BIO 115/115L)
4 IBM 301 Principles of Marketing Management

Select 16 units from the following

4 ACC 207 Financial Accounting for Decision Making
1 ACC 207A Financial Accounting for Decision Making Activity
4 BIO 300 Genetics and Human Issues
(BIO 110 or BIO 115/L)
4 EWS 140 Introduction to Ethnic Studies
4 IBM 302 Marketing Strategy (IBM 301)
4 IBM 307 Integrated Marketing Communication
(IBM 301)
4 IBM 316 Marketing of Services (IBM 301)
4 IBM 410 Marketing for Small Business Organizations
(IBM 301)
4 PSY 314 Human Relations (PSY 201 or 202)
4 PSY 334 Cognitive Processes (PSY 201 or 202)
4 PSY 340 Educational Psychology (PSY 201 or 202)
4 PSY 401 Social Psychology (PSY 202 and BHS 204)
4 PSY 402 Theories of Learning (PSY 201 or 202)
4 PSY 417 Basic Counseling Skills (PSY 201 or 202)
4 SOC 301 Contemporary Social Problems

Prerequisite courses are shown in parentheses

SEE BACK OF PAGE FOR GENERAL EDUCATION REQUIREMENTS
### GENERAL EDUCATION REQUIREMENTS

**Area A Communication and Critical Thinking - 12 units**

<table>
<thead>
<tr>
<th>No.</th>
<th>Units</th>
<th>Course</th>
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<tbody>
<tr>
<td>1</td>
<td>4</td>
<td>Oral Communication</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
<td>ENG 104 Written Communication</td>
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<tr>
<td>3</td>
<td>4</td>
<td>Critical Thinking</td>
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**Area B Math and Natural Sciences - 17 units**

(Select one lab course from sub-area 2)

<table>
<thead>
<tr>
<th>No.</th>
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<tbody>
<tr>
<td>1</td>
<td>4</td>
<td>Physical Science</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
<td>BIO 115 Basic Biology</td>
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<tr>
<td>3</td>
<td></td>
<td>BIO 115L Basic Biology Lab</td>
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<tr>
<td>4</td>
<td>4</td>
<td>STA 120 Statistics with Applications</td>
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<tr>
<td>5</td>
<td>4</td>
<td>KIN 370 Science and Technology Synthesis</td>
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**Area C Humanities - 16 units**

One course from each area

<table>
<thead>
<tr>
<th>No.</th>
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<th>Course</th>
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<tbody>
<tr>
<td>1</td>
<td>4</td>
<td>Fine/Performing Arts</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
<td>Philosophy and Civilization</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>Literature and Foreign Language</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>Humanities Synthesis</td>
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**Area D Social Sciences - 20 units**

Two courses in sub-area 1, and at least one course from each of sub-areas 2, 3, and 4.

<table>
<thead>
<tr>
<th>No.</th>
<th>Units</th>
<th>Course</th>
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<tbody>
<tr>
<td>1a</td>
<td>4</td>
<td>PLS 201 U.S. History, Constitution, American Ideals</td>
</tr>
<tr>
<td>1b</td>
<td>4</td>
<td>HST 202 U.S. History, Constitution, American Ideals</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>History, Economics, and Political Science</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>Sociology, Anthropology, Ethnic, and Gender Studies</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>Social Science Synthesis</td>
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**Area E Lifelong Understanding and Self-Development - 4 units**

<table>
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<th>Units</th>
<th>Course</th>
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<tbody>
<tr>
<td>4</td>
<td>PSY 201 Lifelong Understanding and Self-Development</td>
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