The following steps/links can guide you to choose or change a major. If you need further assistance in your exploration, please schedule an appointment with a career counselor to crystallize your decision.

**Explore your interests and personality to identify how they connect with a career?**

**Identify your major**

*Once you have determined what career interests you, the next step is to identify the major that will lead you to that career. Below are resources to explore the careers and the majors that lead to them*

1. “What can I do with this Major?” ([http://dsa.csupomona.edu/career/](http://dsa.csupomona.edu/career/)) click on “Student”, then on “Choosing a Major” on the left hand menu.  *Please note that this website is not maintained by the Career Center but is provided as a convenience to students.*
2. Occupational Information Network (ONET) ([http:online.onetcenter.org/](http:online.onetcenter.org/)) - explore the tasks, knowledge, abilities, etc required of the job to see if you can see yourself in the job.

**Now it's time to read through the courses in the Cal Poly Pomona catalog.**

*Review the course descriptions. Do these classes interest you? Can you be successful in them?*

CPP Catalog ([http://www.csupomona.edu/~academic/catalog/](http://www.csupomona.edu/~academic/catalog/)) click on “Degree Programs” or “Colleges and Schools.”

**Review the webpage for the major —what did you learn?**

College, School & Academic Department Index ([http://www.csupomona.edu/college_school_dept_index.php](http://www.csupomona.edu/college_school_dept_index.php)) click on the college that interests you.

**Curriculum sheets:**

*Review the course requirements and flow charts*

Curriculum Sheets ([www.csupomona.edu/~academic/sheets](http://www.csupomona.edu/~academic/sheets)) -Go to your academic year (“07-08 Sheets”) and click on the major that you are interested.

**Conduct Information Interviews:**

These are informal conversations with employers about their career and how they arrived there.

**Visit the Career Center:**

These are informal conversations that you can have with employers in the industry/industries that are interesting to you. This allows you an opportunity to learn about what they like and/or dislike about their careers. Please stop by the career center for a handout on informational interviewing.